

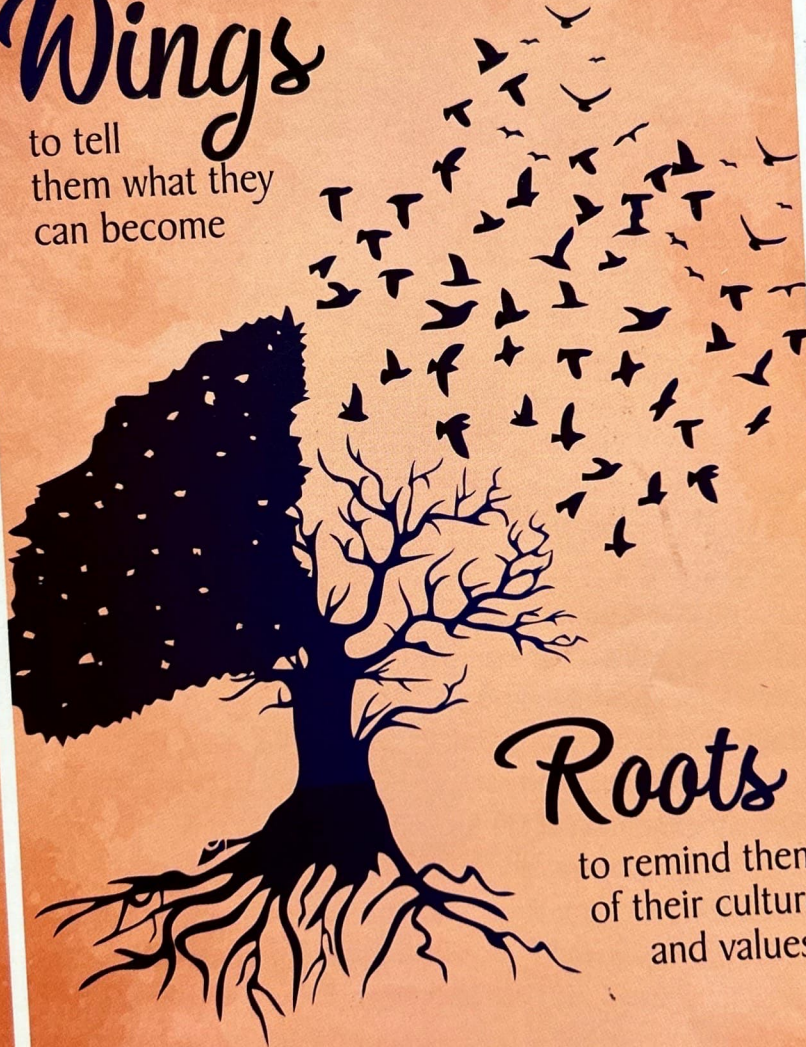
# NEWSLETTER

2022

"There are two gifts we should give to our Children  
One is Roots and the other is Wings."

## Wings

to tell  
them what they  
can become



## Roots

to remind them  
of their culture  
and values.

A HAPPY SCHOOL-A BRIGHTER FUTURE



**SHIVALIK PUBLIC SCHOOL**  
SECTOR 78, S.A.S NAGAR (Mohali)



# EDITORIAL

## WINGS TO FLY

*You were born with potential.  
You were born with goodness and trust.  
You were born with ideas and dreams.  
You were born with greatness.  
You were born with wings.  
You are not meant for crawling.  
So I don't, I have wings.  
I will learn to use them to fly.*

**Dr APJ Abdul Kalam**



**Editorial Team : Dr. Rupinder Brar (Principal)  
Ms. Harwinder Kaur, Ms. Neha Dhaliwal, Ms. Priya Anand**

**O**ne student, one teacher, one book and one pen— can alter the world. A new school brings with it new experiences, new alliances, unexpected difficulties and challenges. Anything might be written on a clean slate. In the month of February, Shivalik Public School, Sector 78 opened its doors for the students. From that moment, endless efforts were invested to bring out the best in the students. In addition to a strong foundation in the fundamental curriculum, children were assisted in developing an empathic awareness of the world around them. Teachers helped children to discover their identities and the importance of connections to their communities in the larger world by utilizing holistic teaching methodologies. The Shivalik team came together and put up a fantastic performance in the first academic year. They collaborated to achieve a shared goal. Every day at Shivalik Public School, Sector-78 begins with a positive thought and the students continue to instill this optimism in their lives.

**“Life is a journey, full of experiences, you should traverse with passion,  
exploration, learning and enthusiasm to be who you are.”**

**Bon Voyage for life**

**Dr. Rupinder Brar**  
Principal

## From the Director's Desk

*"Set your goals high and  
don't stop till you get there!"*

In the area of knowledge transmission and value education, Shivalik has created a benchmark, by providing excellent education that is infused with the principles of Indian culture. Every child gets opportunity for creative expression, outdoor exploration and athletic pursuits. Our aim is to maximise the creative and adventurous spirits of our students. Students at Shivalik are encouraged to use their ideas freely and to think without boundaries. The SPS curriculum and teaching methodology place a strong emphasis on preparing students with the skills necessary to navigate a competitive environment and develop into morally upright individuals. The state of education today is dynamic as numerous creative teaching techniques come up every day. Therefore, it is crucial that teachers are adequately trained on

the most recent teaching techniques and assure using them effectively in their classes. In order to achieve the best results, we at SPS ensure that our faculty is competent in contemporary teaching methodologies and thus aim to create the ideal teaching and learning environment.

Our goal is to develop happy and responsible citizens. So that, the youth of today becomes productive leaders and team players of tomorrow.

"We can change the world and make it a better place to create a difference."

**Mr. D.S. Bedi**  
(Director)



# A new beginning



**Mr. D.S. Bedi (Director) with the faculty of Shivalik Public School, Sector-78**



**Team SPS, Sector-78**



# ORIENTATION Program

At the beginning of our school session, an orientation programme was organized to update parents about the school curriculum and the subjects being taught to the kids. A component on child development was included in the orientation programme. Parents received substantial information of the grading procedure and assessment methods. Parents had the chance to interact with the teachers and were advised to deal with their children effectively. They were guided that the emphasis should be on abilities which are highly valued in contemporary culture.



## First Day at SPS-78

First day of the school is exciting and unforgettable. The prospect of starting school and interacting with new people makes children both anxious and delighted. Some kids are thrilled to meet new people and experience a new environment, while others sob uncontrollably when they see their parents leaving them. But with the help of their teachers and friends gradually, they adapted the new environment.





# ABLOOM APRIL

## Baisakhi Celebration

April 12, 2022

Baisakhi, the festival marking the foundation of the Khalsa Panth and the inception of the Shivalik Educational Society, was enthusiastically celebrated in Shivalik Public School, Sector-78. To commemorate the event, the students performed Bhangra, Giddha with traditional music and produced artistic works.



## Earth Day

April 22, 2022

Celebrating Earth Day is the perfect time to introduce the concepts of reduce, reuse and recycle to the students. To celebrate earth day children at SPS-78 created lovely Earth Day drawings, planted new seeds, made posters, spoke about them, and made crowns that they wore to act as earth kings and queens. This helped the kids to understand the value of the earth in their lives.





# World Book Day

April 23, 2022

World Book Day is all about celebrating the wonderful power of books and the joy of reading. It's especially meant to encourage love for reading in children. Students were engaged in a number of activities on World Book Day, including mass reading, crafting bookmarks, exchanging ideas, and reading inspirational quotes. Additionally, kindergarten children were delighted in hearing tales from their teachers.



## Experiential learning

By engaging students in hands-on experiences and reflections, they were guided to connect the knowledge gained in the classrooms to real-world situations.





# MASTERFUL MAY

## Labour Day

May 2, 2022

The International Worker's Day, commonly known as Labour Day, was enthusiastically observed in the school to honour the labour force for their persistent efforts. Pre-Primary and Primary children made "Thank You" cards and offered goody bags to guards, peons, and helpers. The activity was designed to give a better understanding of the labour community among our students with due respect for their efforts.



## Mother's Day

May 7, 2022

The young children joyfully echoed and enchanted the quote, "Mother will be our door to Paradise". So, let's love, respect and care for our mother's every day," Heart-warming emotions of thankfulness, appreciation, and acknowledgement flooded in the air of SPS-78. Additionally, a special assembly was planned for the occasion.





# Fun & Frolic week

(23May'2022-28 May'2022)



Fun activities help to develop the motor skills and build emotional intelligence among children. It builds the confidence and make them more sociable. Keeping all these things in mind fun week was organized for the students in the month of May.



## Nature walk

Children observed and watered plants. They played and rejoiced in the lap of nature.



## Movie time

Children enjoyed the movie time with their peers and relished popcorn's.



## School Bus Ride

The school organized a bus ride, where children had lots of fun together and they learnt to be more responsible and caring.



## Rhythmic Rhymes

Children sang their favourite Rhymes and mastered the skills of speaking clearly and gained confidence.



## Puppet Show

Teacher's enacted the story titled "Make New Friends" with the help of puppets. Children thoroughly enjoyed the show.

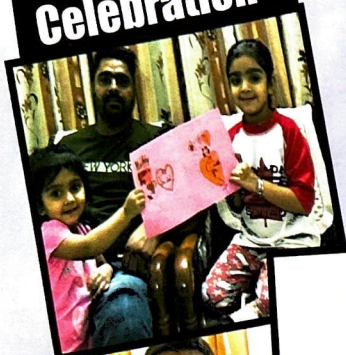


# JUBILANT JUNE

## Environment Day

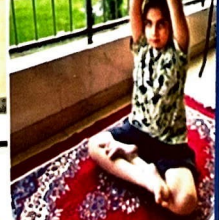
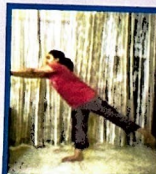


## Father's Day Celebration



Summertime activities for kids keep them active and impart a variety of abilities. During the holidays, Kids celebrated **Yoga Day**, **World Environment Day** and **Father's Day**. All of these activities aided in the development of positive attitude among students.

## Yoga Day

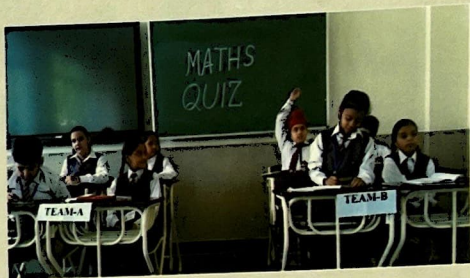
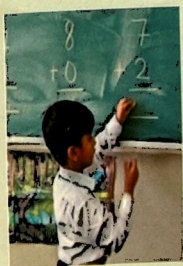




# JOYFUL JULY

## Math Quiz

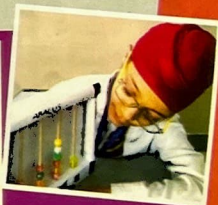
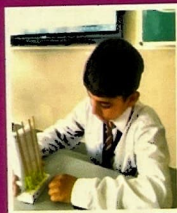
July 1, 2022



Activities for subject enrichment and quiz competitions are frequently included in the school curriculum. A quiz is a fantastic tool to assess mathematical aptitude, knowledge, and skills. The purpose of the math quiz was to encourage the students to go beyond their textual comprehension and gave them the practical use of the concepts they had learnt.

## Abacus Activities

Abacus-based arithmetic operations and computations are frequent in the classroom to help students develop their photographic memory, concentration, listening skills, speed, accuracy, creativity, self-confidence, and self-reliance.





# AMAZING AUGUST



SPS - 78 was given the responsibility by the District Education Officer Mohali to host a series of events to commemorate India's great history culture, heritage, achievements and growth in its 75th year of Independence. SPS-78, organized these events between July 2022 to August 2022. Here are some glimpses of it.



# Independence Day Celebration

To inculcate and uphold the spirit of Independence SPS-78, Mohali celebrated the 76th Independence Day with enthusiasm, patriotic fervour and zest.

The Principal Dr. Rupinder Brar along with our guest of honour Mrs. Satpal Kaur Grewal (Ex-Principal SIER) and BSF officers hoisted the Tiranga on the school premises. The BSF jawan's enthralled the audience with patriotic songs. Sweets were distributed among the children. Parents enjoyed games on patriotic songs.



75  
आजादी का  
अमृत महोत्सव



Shivalik Public School | Sector 78 | Mohali





# RakshaBandhan Celebration

August 10, 2022

Raksha Bandhan is a lovely bond of affection, trust, and duty that lasts a lifetime.

The aim of this celebration was to teach children the virtue of the relationship between a brother and a sister. The school organized Rakhi making activity. Children brought thread, glue, and ornaments to make the tricolour and fancy Rakhi's. The occasion brought out the best creativity in the young children. The different facets of the young brains were disclosed, ranging from colour selection to designing a rakhi.



# Janamashtami Celebration

August 18, 2022

SPS-78 Mohali joyfully and fervently observed Janmashtami, the birthday of Lord Krishna. The students put up dance performance and a skit that portrayed Lord Krishna's life story. Little ones charmed everyone by dressing up as Radha and Krishna in exquisite outfits. The school was decorated with festive motifs and scenes illustrating events from Lord Krishna's life.





# SPLENDID SEPTEMBER

September 5, 2022

## Teacher's Day

SPS-78, Mohali celebrated teacher's day to honour its faculty for their commitment towards teaching. A plethora of activities were held to mark the occasion. Students expressed their love, warmth and respect for their teachers. The Principal gave a passionate speech on the importance of the day. The meritorious teachers were awarded for their unsurpassable contribution rendered to the students. They were facilitated by the titles for the same. The celebration concluded with a sumptuous feast especially organized to mark the day.





# OPTIMISTIC OCTOBER

## Dussehra Carnival

October 4, 2022

To introduce the children to the rich culture of India. The festival of Dussehra was celebrated as Dussehra carnival in the school premises. This well-known festival reminds the day when Lord Rama vanquished the Demon King Ravana and celebrated the triumph of good over evil. In order to preserve our environment, a sizable effigy of Ravana was created, but it was not burnt. Teacher's prepared a skit on the Ramayana in order to increase knowledge of the students. Children were very happy. In this carnival a lot of fun games, dance and craft activities were organized. Undoubtedly, it was a day full of excitement.





## Wild life Day

The celebration of 68th National Wildlife Week was observed all over India from 2nd to 8th October 2022. The main objective of this campaign was to promote the conservation and protection of animal life.

In SPS-78, augmented reality was used to celebrate the wild life day. Children enjoyed seeing wild animals with them in the pictures. All thanks to augmented reality.



## Diwali celebration

October 21, 2022

The transition from darkness to light gives us the motivation to do good things. During Diwali, lighting could be seen in every part of India. The air is filled with the enticing aroma of burning incense and the joyful faces all around. Diwali, the festival of lights, was celebrated at SPS-78 with Diya's and lamps that were strung throughout the corridors. The kids created and decorated lovely diya's. Children performed nukkad natak to promote the message of "Clean Diwali Green Diwali".





# ACHIEVERS OF SPS 78

## FANCY DRESS COMPETITION RESULT

Class	1st Position	2nd Position	3rd Position
Nursery Sunflower	UdbhavThakur	Nayra & Duansh Vaid	Avnya Thakur & Avika Sharma
Nursery Marigold	Amairaa Rana	Jai Asees Kaur & Gurshaan Singh	Gurleen Kaur & Harfateh Singh
L.K.G. Tulip	Ruhab Kaur	Jodhiqbal Singh & Riyansh Mehendiratta	Ashutosh Gupta & Saatvik Kalia
K.G. Daffodils	Virajveer Karwal	Hamoor Singh & Swastik	Tanvi & Agam Singh

## PATRIOTIC POEM RECITATION COMPETITION RESULT

Ajuni Bajwa	Class-III	1st Position
Latika Bhargav	Class -IV	2nd Position
Gurnoor	Class-II	2nd Position
Aarnav Pathania	Class -IV	3rd Position
Yuvraaj	Class -I	3rd Position

## POSTER MAKING COMPETITION RESULTS

Aishmeen Kaur	Class IV	1st Position
Riyansh Kamboj	Class-II	1st Position
Latika Bhargav	Class IV	2nd Position
Shivam Kansal	Class -I	2nd position
Ananya Saini	Class-III	3rd Position

Calligraphy is a visual art form that involve beautiful and elegant handwriting. English and Hindi calligraphy competitions were held among the students of Class I to V to encourage their interest towards good handwriting.

## English Calligraphy October 7, 2022

Class	1st Position	2nd Position	3rd Position
I	Eshnit Kaur	Pihu	Khushmeet Kaur
II	Parteet Kaur	Gurnoor	Gurfateh Singh Dhaliwal
III	Lisha Panwar	Ajuni Bajwa	Gursirat Kaur
IV	Latika Bhargav	Ambar Singh	Aarnav Pathania
V	Harfot Kaur	Jivika	Manvi Garg

## Hindi Calligraphy October 10, 2022

Class	1st Position	2nd Position	3rd Position
I	Eshnit Kaur	Yuvraj Bhargav	Ishkirat Kaur
II	Parteet Kaur	Riyansh Kamboj	Paavni Goyal
III	Akshita	Prabhjeet Singh	Samraat Kalia
IV	Aarnav Pathania	Naavya	Eknoor Kaur
V	Gurnoorveer Singh	Ekmanroop Singh	Yatika Tiwari





## Demonstration and Evaluation

Demonstration and Evaluation programmes were conducted for Classes Nursery to Class V, where students demonstrated their listening, speaking, and writing abilities through various activities like poem recitation, slate activities, storytelling, speeches, role - play, art activities, dance performances, and much more. Each child gave outstanding performance. These activities were conducted to inculcate a sense of discipline, creates self-confidence and develop the quality of teamwork. Such programmes are the best for overall development of the students.





# LEARNING BEYOND FOUR WALLS—CREATIVE CLUBS AT SPS-78

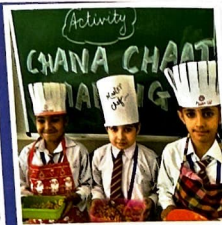
We offer holistic education by balancing academics with extracurricular pursuits like art, culture, music, dance, recitation, theatre, crafts, experiments, and quizzes. Students get a platform to unleash their creativity and chance to assume leadership roles to display their skills through various club activities. The Children become more independent and confident as a result of these endeavours.

## Life Skills Club

Various activities organized under life skills club are:

### FIRELESS COOKING

Cooking is an essential life skill. Keeping in mind, fireless cooking sessions were organized, where children were told about nutrition and its importance. The little chefs of SPS-78 enjoyed making and eating healthy dishes.



### GAMES AND SPORTS



Along with academics, sports is an integral part of the school curriculum. Students are motivated and guided to be physically fit and mentally alert as a 'Sound mind resides in a healthy body only.' Students also do regular exercises.



## Lego Play

October 28, 2022

Legos are a great tool for the development of fine motor skills. Lego play is incorporated frequently in our school to enhance hand and eye coordination.



## TABLE MANNERS

Good manners are the part and parcel of a good life. To sensitizing the young ones about this, table manner's activity was organized. The little ones became more independent in eating their own food with proper etiquettes.



## LEMONADE MAKING



To refresh and replenish our body with cool beverages, our young learners had a hands-on experience of making a glass of lemonade. This activity added to the sensory learning of our little ones and reinforced their fine motor skills.

## SHOW AND TELL



SHOW AND TELL

Activities like "show and tell" help kids to build their confidence while speaking in front of an audience. Students are expected to showcase their abilities, through their ideas and communication skills using different props.

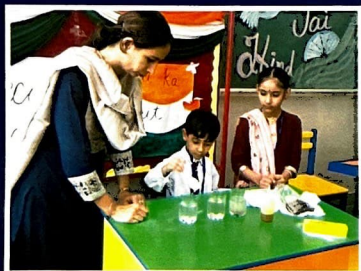
## Dance Club

Dance is a mixture of various forms of art like music, rhythm and creativity. It is a great way to increase coordination, flexibility and balance. At SPS-78 dance club regularly engage the students in different forms of dance.



## Science and Research Club

Science club of SPS-78 is established to promote inquisitiveness and scientific temper among students. Through these activities students learn science in a concrete way and apply the knowledge in their everyday lives. Various experiments are conducted by the students to learn science more effectively





## Book and literacy Club



Book and literacy club at SPS -78 promote love for literature and books in a positive and nurturing environment. A weekly calendar of book club activity is planned for the students which help them to improve their reading and comprehension skills.



## Theatre Club



Theatre club is functional in SPS-78 to promote communication skills, teamwork, socialization and self confidence among students.



## Parental Workshop

The foundation of EPIC (Empowering Parents Impacting Children) parental education programme is to promote active learning. To enhance this learning, SPS-78 organized a parental workshop for parents. It was conducted by the highly skilled staff of (National Institute of Public Cooperation and Child Development) NIPCCD, where the deputy director, Ms. K. Sunita Seshadri, assisted parents in identifying their key strengths as parents and helped them to steer their children in the proper direction.



## Counsellor Talk

Counsellor talk is a regular feature of our school, wherein the counsellor of the school Ms. Priya Anand interacts with the students and guide them for their concerns. These days, we notice a variety of challenges in the kids, like hyperactivity, anxiety, sadness, restlessness, behavioural problems, a lack of concentration, and difficulties with reading and writing. The counsellor serves as a liaison between parents, teachers, and students to solve these problems. She is the most crucial component of the system of education.





# MEDIA COVERAGE

## EDUCATION NOTES



**PARENTING WORKSHOP**  
 Mohali: The National Institute of Public Cooperation and Child Development (NIPCCD), Regional Centre, Mohali, conducted a parenting workshop at Shivalik Public School, Sector 78, here, on Sunday. Over 200 parents of schooling children attended the workshop. They got tips for better parenting. Principal Dr. Rupinder Brar and NIPCCD Deputy Director Dr. K. Sanku Shekhawat took sessions on basic effective and good parenting. "Parents shared their concerns and were guided in the right way of supporting and upbringing their children," Brar said. In a session on better parenting, Brar discussed how parents can act in classroom learning. rvc

## THREE STUDENTS OF SHIVALIK PUBLIC SCHOOL EMERGED WINNERS IN DANCE COMPETITION AT BESTTECH SQUARE MALL, MOHALI ON THE OCCASION OF JANMASHTAMI



Evelyn Kaur Khushmeet Kaur Ananya Saini

## दैनिक सवेरा

### न्यूज गेलरी

#### सम-जूमिन्वर में डब्लिन-200 चैम्पियनशिप करवाई



सम-जूमिन्वर में डब्लिन-200 चैम्पियनशिप करवाई। एथलीटों को प्रोत्साहित करने के लिए शिवालीक पब्लिक स्कूल में एक कार्यक्रम आयोजित किया गया। प्रमुख अतिथि श्री. ज. एस. बंसाल ने सभी एथलीटों को प्रोत्साहित किया और उन्हें अपने खेल में बेहतरीन प्रदर्शन करने के लिए प्रोत्साहित किया। कार्यक्रम में शिवालीक पब्लिक स्कूल के एथलीटों का प्रतिनिधित्व किया गया।

### न्यूज गेलरी

#### UDBHAV THAKUR AND HARJAP SINGH MALHI OF NURSERY-SUNFLOW GOT SELECTED AS A CHILD MODELS FOR A CLOTHING RANGE ON FLIP CART AND AMAZON.



Udbhav Thakur



Harjaap Singh Malhi

World • Technology • Future • Finance • Travel • Sport • Business • Weather

### Dussehra Carnival At SPS-78



Dussehra Carnival was held at Shivalik Public School Sector 78. Students participated in games, raffle was staged by teachers, craft activities were carried out. Community lunch was Organized

**मोहाली जिले में धूमयान से मानाया आजादी का अमृत महोत्सव**

आजादी का अमृत महोत्सव के अवसर पर मोहाली जिले में एक कार्यक्रम आयोजित किया गया। कार्यक्रम में आजादी के अमृत महोत्सव का आयोजन किया गया।

MONDAY  
 march 11 2015

## NEWS

No. 14747.53

Only fresh news

www.bhaskar.com

Founded 1953



The Festival of Janmashtami was celebrated With full enthusiasm and fun at Shivalik Public School, sector 78, Mohali. Students came dressed in beautiful attires



### AUDITIONS

INDIAN IDOL

SONY

REC SHARE

The Auditions of Indian Idol, India's biggest reality Show was held at Shivalik Public School, Sector 78 Mohali. Nearly 2500 participants from all over Punjab And tricity came to try their luck.

# CREATIVE CORNER



**Guruttumveerjot Kaur**  
Class - I



**Jivika**  
Class- V



**Ajuni Bajwa**  
Class-III



**Eshnit Kaur**  
Class-I



**Jivika**  
Class - V



**Rayna**  
Class-III



**Varsirat Kaur**  
LKG (Tulip)



**Jai Asees**  
Nursery- Marigold



**Udbhav Thakur**  
Nursery - Sunflower

## पेड़ है तो जीवन है

पेड़ काटेगें तो घरती मरेगी,  
पेड़ उगाएंगे तो घरती सजेगी,  
पेड़ों से ही बारिश होती है,  
पेड़ ही न होंगे तो कहाँ से आएगी बारिश ?  
जैसे जल के बिना जीवन असंभव है,  
वैसे ही पेड़ों के बिना जल ।  
धन्यवाद !

**Yatika**  
Class-V

## घरती माँ

घरती है हम सब की माँ,  
देती है हम सब को पनाह,  
हम सबकी प्यारी माँ,  
फल अनाज खाने को देती,  
हम सबका वह पेट भरती,  
न किसी से वैर रखती,  
न किसी से पैसे लेती,  
बिना मांगे हमें सब कुछ देती,  
ऐसी है सबकी माँ,  
हमारी प्यारी घरती माँ ।  
धन्यवाद !

**Akshita**  
Class-III

## A Special Teacher

Yet determinedly you taught me,  
Putting me to the test,  
Encouraging my effects.  
As you made me to do my best,  
Some lessons were a challenge,  
And you taught me how to cope  
Each day you give me  
confidence, ability and hope.  
I really don't know how to  
appreciate,  
You made me learn through fun,  
Thank you very very much for all  
you have said and done.  
Yet determinedly you taught me,  
Some lessons were a challenge.

**Jivika**  
Class-V

## Grandparents

My grandparents are the best,  
they never rest.  
They can do anything, to give us  
everything.  
You are the loveliest, I ever met.  
You wake up early, to make us  
ready for anything.  
You are always ready to make us  
grow and learn everything.  
You are always ready to do any  
house work.  
My grandparents are the best,  
they never rest.  
Oh, oh my grandparents you are  
the best!

**Gurleen Kaur**  
Class- IV



First Session (2022-23) of Shivalik Public School, Sector 78





# SHIVALIK PUBLIC SCHOOL





# SHIVALIK PUBLIC SCHOOL

Plot No. 222, Sector 78, S.A.S. Nagar, Mohali-140308. Tel.No. : 0172-2990615, Mobile : 9888090615

 Shivalik Public School, Sector 78, Mohali 
  Shivalik\_78

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