

# Teacher's Pen

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# CREATIVE WAYS TO LEARN FASTER

In order to become fast learners one must focus on the first and last sentences in each paragraph. The first sentence introduces you to the subject of the paragraph. The last sentence wraps up the idea and serves as a transition to the next paragraph. By focusing on these parts, you'll be able to quickly grasp the author's main point. Take notes of key points.

You can write notes more quickly if you use the margins of your book. Simply draw an arrow to the point you're commenting on and write brief notes. Of course, you should only do this if the book is yours. Make sure to use a pencil.

Ignore small words. When you are reading quickly, skip over the small words like "the", "and", and "it". Your brain will automatically fill these words in as needed. You don't need to

take the extra time to actively read them. Sit up straight. When you slouch, your body has to work harder to breathe, taking up extra energy. Use good posture when you read so that all of your energy can go towards reading faster. Don't ever try to study lying down.

It could put you to sleep. Set up a study space. You'll be able to study more efficiently if you work in a comfortable space without distractions. Set up a desk or table in a quiet area of your home. A corner of your bedroom might be a good spot. Let other people in your household know that you are studying and don't want to be disturbed. Choose an area without a TV.

If you like to work with noise, try listening to soft music. You might find that you work well in a corner of the library or in a nearby coffee shop.

Bring everything you need with you to your study area so that you don't have to get back up. This might include books, notes, water, or snacks. If you're tempted to check your phone frequently, leave it outside of your study space. Make an outline. A quick way to retain information is to write an outline. An outline will help you to segment your studying so that the topics don't blend together, which could be confusing. Use an outline style that works for you. For example, your outline might include notes on each section of the textbook. Or you might start by listing main points first, and then adding details in later.

Pay attention in class. You'll be able to study much more quickly if

you are already familiar with the material. Make sure that you don't just attend class, but that you are mentally present. Sit up straight and listen to the teacher. Pay attention when other students ask questions or make comments. Review your notes each day. Take 10 minutes every day to look over your notes. This will help you retain the information. When it comes time to study, you'll really just need to review what you've already learned. Ask questions if you are confused. Don't waste time studying by

trying to figure out what the teacher means or what they want. Before you start studying, ask your teacher about anything that is unclear.

**DEEPIKA KANTORE,**  
teacher, Shivalik Public School, Mohali

