

SHIVALIK TIMES

2018-2019

"Victory With Determination"



Estd.1970



SHIVALIK PUBLIC SCHOOL

(Permanently Affiliated to CBSE, New Delhi)

Sector 41-B, Chandigarh, Ph. 0172-2626913, 2627451, Fax : 0172-2629574, E-mail : shivalikchandigarh@gmail.com

CELEBRATING 49 YEARS OF EXCELLENCE IN EDUCATIONDOWN THE MEMORY LANE



Shivalik fostered leadership, responsibility and discipline



Learnt to share and care



Creating New horizon with new hopes



Shivalik made the students stay well connected with the roots



Elated winners- proud to be with the Director Sir



Showcasing the magical passion for yoga during the gone by days



No culmination to enthusiasm



Impressive move- with a vision ahead



Well received and respected guests of Shivalik



Puffed up with pride and confidence



Learning with love and care



Distinguished visitors to the illustrious school



Glowing approbation to the worthy guest.



DIRECTOR'S MESSAGE



All human beings construct their understanding of thing and the most an education process can do is to provide tools and methods and settings in which children can become better at thinking things through and constructing their own understanding. Moreover, it is a known fact that education is a lifelong process which is to be nurtured with love and care. It must be built on a firm and broad foundation for students to excel in life.

The turn of the millennium has constantly been throwing up various challenges to the mankind. And we must realize that we are living in a 'fast forward' age. Everything is changing at a speed. We are now exposed to the omnipresence of mass media. The growing volume of information and knowledge through various technologies "Digital World" has established the fact that access to knowledge is free and quick. In spite of the rapid progress in information technology and society at large, it is being realized that there is a gaping void with regard to holistic and integral development of an individual personality. As an educationist, I personally believe that everyone would like to move ahead for a value based system of education. We believe and accept that education is a formative process. The schools in particular have a greater role to play in the fast changing world of today to instil human values in the children and to prepare them to face life as it comes.

We lay stress not just on academic excellence but on "character formation with academic excellence". It motivates children to "always aim high" and cultivate core values as a first place for the Divine, integrity of character and maturity in behaviour, pursuit of excellence and creative genius, respect of the human person with an emphasis for elders and teachers, loyalty to the nation and a balanced understanding of the prevailing global situation.

Our students become socially conscious, intellectually competent, culturally relevant, morally upright, religiously vibrant and emotionally balanced. With your support together we can achieve the dream that you have for your wards. I can foresee that every child who has entered the Temple of Shivalik Public School, Chandigarh, with its motto 'Victory with Determination' will certainly reach the heights of glory.

I am sure that the school will continue its sustained efforts in grooming its students to excel in all walks of life by further broadening its horizons.

Best wishes for an enriching and fruitful current academic year !

D S Bedi
Director



EDITORIAL

Make a rainbow for yourself
Don't wait for one to come
There will soon be a rainbow if
you start one in your heart

This issue will unfold the unravelled world of the most unforgettable and precious moments of the school. One of the most interesting thing of the school is the broad diversity of its brainpower.

The world is moved along not only by the mighty shoves of its heros but also by the aggregate of the tiny pushes of each honest worker.

The reflection of the students' creativity and achievements is the epitome of Magazine. Students have also put forth their ideas, thoughts in their tiny write ups. This magazine is indeed a pious attempt to make our budding, talents give shape to their creativity. By organizing various competitions and activities- it is our attempt to develop their power to perceive, the power to observe and the power to explore- as the goal of education is to create men and women who are capable of doing new things not simply repeating what other generations

have done. They are advised to put their heart , mind and soul into even their smallest acts as that is the secret of success.

I'm really thankful to our honoured Director Mr. D.S.Bedi and respected Principal Mrs. Gurkiranjeet Nalwa, for entrusting me with the responsibility of bringing out this Edition of " Shivalik Times" and giving their invaluable inspiration & guidance.



EDITORIAL TEAM

Ms. Preetinder Nanuan, Ms. Inderjeet and Ms. Ashima Abrol

INDEBTEDNESS TO MY CO-EDITORS

Ms Kulmit (Block C), Ms Vidhi (Block A), Ms Inderjeet (Block B), Ms Ashima (Block B)



FESTIVE OCTOBER



"Dreams don't work unless you do"

Hello Readers,

We sailed through the second semester of the session by enjoying Annual days, Picnics, Sports Day, Demonstration and Evaluation and finally the farewell party for the outgoing students

SWACHH BHARAT ABHIYAN

2nd Oct, 2018

The Hon'ble Prime Minister launched the Swachh Bharat Mission on 2nd October, 2014 with the target to make country clean and sanitized by 2nd October, 2019. As a part of Swachh Bharat Mission mandate, our school has taken steps to achieve goal of healthy and unpolluted environment. Our school has maintained set standards of cleanliness in its premises by having good sanitation and hygiene practices amongst the staff and students. This SOP (Standard Operating Procedures) also targets to ensure proper waste management through recycling and processing of waste. 26 Swachhta committee Monitors were appointed and they were assigned various duties. Under this programme, cleaning of drinking water area, school play grounds, science lab, school garden and library were undertaken.

SWACHH BHARAT AMBASSADORS WITH INCHARGES



CLEANLINESS DRIVE



DOCTORS' TALK



"Kids don't remember what you try to teach them. They remember what you are."

HASYA KAVIDARBAR

3rd Oct, 2018

To bring entertainment and humour in life, selected students of classes III to VIII from Mohali and Chandigarh branch participated in Hasya Kavita contest. They recited their funny poems on the different topics. Result was as follows:-

Avam Gupta	V-P, 2nd Position
Shaurya Sharma	VI- A, 1st position
Kapish Gupta	VII-B, 2nd Position
HarjotKaur	VIII-C, 1st Position (Punjabi)

BOOK REVIEW COMPETITION

Book review Competition was an unique and interesting activity held in school Library for Classes V to VIII students.

In this Competition, students of Classes V to VIII enthusiastically participated and wrote review about their favourite books they read in library so far. The book review writing requires students keen interest in reading thoroughly and an ability to express their thoughts and ideas beautifully in words.

Koelpreet Kaur	V-A, 1st Position
Anushka	V-A, 2nd Position
Lakshay Verma	V-R, 3rd Position
Jasmine	VI-D, 1st Position
Simranpreet Kaur	VI-D, 2nd Position
Yashvi Thakur and Nehal	VI- D, 3rd Position
Harjot Kaur	VIII-C, 1st Position
Khushi Verma	VIII- B, 2nd Position
Jaskirat Singh	VIII-D, 3rd Position

INTER SHIVALIK DECLAMATION COMPETITION

11th Oct, 2018

Participants from Classes III to XII had put in tremendous efforts, hard work and showcased their talent in Declamation Competition. These type of events help in developing essential skill of public speaking and boost the confidence of youth to face the audience and get over the stage fear. Competition was held in all three languages – Hindi, English and Punjabi. Result as follows:-

English:

Ananya Angra	–IV-P – 1st Position
Avam gupta	–V-P – 3rd Position
Nehal	-VI-D- 1st position
Mohit Gupta	VII- C - 3rd Position
Kavya Sharma	VIII-A - 3rd Position
Sonia	–X-A-2nd Position

Hindi:

Garima Kaushal	– III-R – 1st Position
Priyanshu Nailwal	– IV-A – 2nd Position
Gurnoor Kaur	-VIII-C - 1st position
Khushi Verma	-VIII-B- 2nd position

Punjabi:

Taranpreet Kaur	– IV-R – 1st Position
Koelpreet Kaur	– V-A – 2nd Position
Harjot Kaur	-VIII-C- 1st position
Pavitar Singh	-VII-B- 1st position
Ishpreet Kaur	-VIII-A 2nd Position
Khushseerat Kaur	- X-C - 1st position
Jasleen	-IX-C - 3rd Position

ANNUAL PRIZE DISTRIBUTION FUNCTION

13th Oct, 2018

Annual prize distribution function Classes (IX-XII) was held on 13th Oct, 2018 on the theme "CONFLUENCE". In which various colours of different states were mixed in the form of dances ,songs, street plays and mime.



AWARD OF ACADEMIC EXCELLENCE SESSION-(2017-18)

CLASS – XII (TOPPERS)

Non-Medical	-	Janvi Chhabri
Medical	-	Tushar Khanna
Commerce	-	Anjali Gupta

CLASS – X (Topper)

Vanshika

CLASS – XI

FIRST IN ACADEMICS

XI-AC	-	Himani Sharma
XI-BC	-	Bismanjeet Singh
XI-A	-	Akanksha
XI-B	-	Anshu

SECOND IN ACADEMICS

XI-BC	-	Piyush Goel
XI-A	-	Gaganpreet Kaur Kalsi
XI-B	-	Amisha Gupta

CLASS – IX

FIRST IN ACADEMICS

IX-D	-	Ayushi
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SECOND IN ACADEMICS

IX-B	-	Aman Anand
IX-C	-	Aditya Kumar
IX-D	-	Gaurav

CLASS – VIII

FIRST IN ACADEMICS

VIII-B	-	Rudra Bhasin
VIII-C	-	Shivangy Dhingra
VIII-D	-	Arshdeep Singh

SECOND IN ACADEMICS

VIII-A	-	Jaahnvi Gupta
VIII-B	-	Gaurang Chaudhary
VIII-C	-	Shreya
VIII-D	-	Parampreet Kaur

"Children just need the time, the space, and the permission to be kids."

AWARD OF APPRECIATION SESSION 2018-19

Best In Music

Best In Dance

Best In Art

Best In Sports

- Amandeep Kaur (X-B)
- Deepanshi Arya (IX-B)
- Nandini (IX-A), Gagandeep Kaur (XII-AC), Sarjina Khan (XII-AC)
- Himanshu Yadav (XII-BC), Ayushi Sharma (IX-A), Riya Dhiman (IX-C), Mankirat Singh (IX-D), Shubham Yadav (IX-D), Aditya Parkash (X-C)

Best In Science Project

BEST In Poetry Recitation (Punjabi)

Best In Dialogue(English Skit)

Best In Declamation(English)

Best In Creative Writing

- Harshveer Singh (XII-A)
- Eshqpreet Singh (X-D)
- Ishita Pradhan (X-A)
- Kunika Saluja (X-A), Sonia Sharma (X-A)
- HINDI POEM Mansi Tiwari (X-C), Palak Sharma (X-A)
- PUNJABI POEM Paramvir Singh IX-B, Jasleen Kaur (IX-C)

Best In Essay Writing

- HINDI Kunal Gupta (XI-S)
- PUNJABI Baljeet Kaur (XI-S)

Best In Power Point Presentation

Best In Blog Creation

Best In Quiz (Current Affairs)

- Samridhi Sethi (IX-A)
- Piyush Behal (X-B)
- Pratham Singla (XI-S)

Mrityunjay Singh (IX C)

Arshdeep Kaur (IX-C)

Raghav Singh Pathania (IX-A)

Abhishek Nehra (X-A)

Bhavya (X-A)

Khushi Bansal (X-A)

Lakshay (X-B)

Sharandeep Kour (XII-AC)

Deepinder Kaur (XII-A)

(Best In Sports) & (Best In Dialogue : Hindi Skit)

(Best In Creative Writing : Punjabi Story) & (Best In Sports)

(Best In Music) & (Best Actor : English Skit)

(1st In Academics : IX-A) & (Best In Blog Creation)

(2nd In Academics : IX-A) & (Best In Creative Writing : Hindi Story)

(1st In Academics : IX-A) & (Best In Essay Writing : Hindi)

(1st In Academics : IX-B) & (Best In Blog Creation)

(2nd In Academics : XI-AC) & (Best In Declamation : English)

(Best In Science Project) & (Voracious Reader)

All Rounders

Nandika Gupta (IX-A)

Khushseerat Kaur (X-C)

Ananya Kaul (XI S)

Gurmehak Kaur Gadhok (XII-AC)

(1st In Academics : VIII-A) & (Best In Art) & (Best In Declamation : English) & (Best In Power Point Presentation)

(1st In Academics : IX-C) & (Best In Dialogue : Punjabi Skit)

(Best In Quiz : Current Affairs)

(Best In Dance) & (Best In Expression :English Skit)

PUNJABI BHASHA VIBHAG COMPETITIONS

Punjabi Bhasha Vibhag organised singing and Quiz Competitions. Following was the result

Quiz competition

Gurnoor Kaur VIII-C- 1st position Harjot Kaur VIII-C- 2nd position

Singing competition

Harkanwal Singh VII-C, 1st position



RADIANT NOVEMBER

"The Expert in anything was once a beginner"

ANTI CRACKER RALLY

1st and
2nd Nov, 2018

Students of Class V to VIII enthusiastically participated in Anti Cracker Rally. They made eye opening posters and shouted slogans to spread awareness among their classmates, schoolmates and residents of Sector 41. Such activities arouse a sense of responsibility towards the society, nature and earth.



PLEDGE



SAY NO TO CRACKERS

2nd Nov, 2018

"Help fight pollution to breathe clean . Take the pledge for a cracker – Free Diwali".

To make our students responsible citizens they were made aware of demerits of burning crackers .Students of Class III to VIII took pledge before Diwali on 'Say No to Crackers'. Teachers made the students aware of the hazards of pollution caused by crackers and how animals are too victims of the pollution and noise of crackers.

POETIC RECITATION COMPETITION WAS HELD ON ANTI CRACKERS AND AIR POLLUTION

English Recitation

Nishita -VI-D-1st Position, Avnee -VI-A-2nd Position

Hindi Recitation

Anjali VIII-A- 1st Position, Vibha -VIII-B-2nd Position

Punjabi Recitation

Pavitar Singh VII-B-1st Position

Jasleen Kaur VII-B -2nd Position

Students of Classes- VI To VIII Took Rally to Government Primary School, 41-B, Badheri (Our Adopted School) Mime and Street Play on Ban Plastic was shown to the students. It was appreciated by their school Principal and teachers.

PAPER LANTERN MAKING ACTIVITY

5th Nov, 2018

Paper lantern making activity was organized by Art/Craft teachers for students of Class III, IV and V.

Students stretched their imagination by planning the designs of their lanterns. They participated with zeal and excitement and came up with beautiful designs of lanterns.



Children day was celebrated with great zeal and fervor. Children played games, sang songs and danced. Various games/ competitions were organized in the classes. Community lunch was organized where the students shared their food with the classmates and learnt the value of sharing and eating together. All students came in their best of dresses.

DANCING TOGETHER



JUBLIANCE TOGETHER



LUNCHING TOGETHER



POETIC RECITATION COMPETITION

17th Nov, 2018

Poetic recitation Competition on the auspicious occasion of birth Anniversary of '**Shri Guru Nanak Devji**' was held at Gurudwara Sahib, Sector-8-C, Chd. Students recited poems, shabads in the praise of the Guru. Result as follows:-
Taranpreet Kaur-IV-R - 2nd prize with cash Rs.1500/-
Sukhmanpreet Singh - IV-P-3rd prize with cash prize of Rs.1000/-.



ANNUAL FUNCTIONS

The school celebrated the Annual Prize Distribution Function (RADIANCE, RESONANCE and SPECTRUM) at Mohali school auditorium for Classes L.K.G to VIII on 17th Nov and 24th, Nov. Director Mr. D.S. Bedi, alongwith Principal lighted the lamp of knowledge. Students presented a colourful bonanza of different items starting with 'Vandana'. School Principal Ms. Gurkiranjeet Nalwa read the school Annual Report, highlighting the achievements of school during the session. All participants dressed in colourful attires, weaved magic throughout the programme. The director gave away the prizes to students for scholastic and co-scholastic achievements followed by address to the audience and motivating parents to encourage their wards for such achievements and congratulated the prize winners. 100% participation of students was there.

RADIANCE



RESONANCE



SPECTRUM



LIST OF PRIZE WINNERS (PRIMARY SECTION)

IV-P	Harkeerat Singh Tuli, Prateek Sharma, Priyanshu, Sukhmanpreet Singh
IV-A	Kamakshi Sharma, Kashish, Pahal Sabharwal, Simar Dhiman, Amanjot Singh, Shivam Bajaj, Tarun Moond
IV-R	Kamalpreet Kaur, Kanika Verma, Sarthak Kala
V-P	Miyaanshi Solanki, Prisha, Anshdeep Singh, Vardaan Kaundal
V-A	Aditi Tiwari, Shivansh Jaryal
V-R	Chetna Garg, Disha, Harshita, Hitaishi Datta, Ridhima Sharma, Swini, Jugaad Singh Mann, Piyush Angaria, Yash Thakur
V-S	Divya, Sakshi Kumari, Yashaswini, Rajan

OTHER PRIZES

III-R	Garima Kaushal (Best in Hindi declamation)
IV-R	Taranpreet Kaur (Best in Punjabi Declamation)
V-P	Taranpreet Kaur (Best in Poetic Recitation)
IV-P	Vidhit (Best costume in Hindi skit)
V-A	Stuti (Best narrator in Hindi skit)
V-P	Divyam Kumar (Best actor in Hindi skit)
V-S	Gurmannat Kaur (Best in Punjabi skit)
IV-A	Priyanshu Nailwal (Academics & Best in Hindi Declamation & Best Dialogue Delivery in English Skit)
V-P	Avam Gupta (Academics & Best in Hasya Kavita)
V-R	Lakshya Verma (Academics & Best in Computers)
V-S	Neeraj Sharma (Academics & Best Dialogue Delivery In Hindi Skit)
IV-P	Ananya Angra (Best in English Declamation & Best Expression in English Skit)
III-A	Bhavik Kumar (All rounder)
IV-P	Mohd. Riyaz (All Rounder)
V-A	Koelpreet Kaur (All Rounder)

1st POSITIONS IN THE CLASS

LIST OF PRIZE WINNERS (MIDDLE SECTION)

S.No	Class	Student's Name
1	V-P	Aryan Jassal
2		Aryan Thakur
3		Gungun
4		Gurabab
5		Harsimran
6		Janmay
7		Kanishka
8		Keerti
9		Mehak
10		Ranvir
11		Ridhi
12	V-A	Aksheeka
13		Anchit Sah
14		Divyanshi Sharma (Best in Computers)
15		Lavish Singla
16		Love Pahal
17		Manjot
18		Radhika Sharma
19		Simranjeet Singh
20		Sonakshi
21	V-R	Aaryan Bamotra
22		Avnee
23		Baljinder
24		Bisman Kaur
25		Divyanshi Chauhan
26		Garima
27		Sharonika (Best in Art & Craft)
28		Simranpreet
29		Tavisha
30		Yash
31	VI-A	Kavya Sharma
32	VI-B	Ravi
33	VI-C	Harkanwal Singh (Best in Singing)
34	VI-D	Varsha
35	VII-A	Harmanpreet Saini
36	VII-B	Abhilasha Jindal (Best in Computers)
37	VII-C	Khushi Verma (Best in Hindi Declamation & Computers)
38	VII-D	Gurleen Saini

S.No	Class	Student's Name
39	VI-A	Roumir Verma
40	VI-B	Kapish Gupta
41	VI-C	Navneet Kaur
42	VI-D	Nishita Joon
43	VII-A	Aanshikha Rana
44	VII-B	Ankit
45	VII-C	Harjot Kaur
46	VII-D	Armaandeep Singh

2nd POSITIONS IN THE CLASS

CO CURRICULAR ACTIVITIES (2018-19)

S.NO	CLASS	STUDENT NAME	AWARDED FOR
1	VIII C	Gurnoor Kaur	Best in Hindi Declamation, Quiz
2	VII B	Pavitar Singh	Best in Pbi Declamation
3	VIII A	IshpreetKaur	Best in Pbi Declamation
4	VIII D	Ananya	Best in Expressions
5	VIII A	Shashank	Best Actor
6	VIII A	Kavya	Best Actress
7	VIII E	Sukarman	Best in Dialogue delivery
8	VI D	Tamanna	Best in Art & Craft
9	VII C	Arshiya Rana	Best in Art & Craft
10	VIII C	Janvi	Best in Art & Craft
11	VI A	Shaurya	Best in Hindi Poetic Recitation

ALL ROUNDERS

Nehal Bisht (VI)

Best in English Declamation

Kapish Gupta (VII)

Best in Hindi Poetic Recitation

Harjot Kaur (VIII)

Best in Punjabi Declamation, Quiz & Punjabi Poetic Recitation

CONSTITUTION DAY

In the memory of the day when the constitution of the free India was written various activities were organized in the school. Result was as shown:-

Class-VI (Poster Making)

Akansh Negi	VI-B	1st Position
Nehal Bisht	VI-D	2nd Position
Avnee	VI-A	3rd Position

Class-VII (Slogan Writing)

Tanuj Giri	VII-B	1st Position
Arsh Dhiman	VII-D	2nd Position
Dakshveer Singh	VII B	3rd Position

Class-VIII (Files and Projects)

Janvi	VIII C	1st Position
Khushi	VIII B	
Simranjeet Kaur	VIII	2nd Position
Namanpreet Kaur	VIII A	
Harkirat Kaur	VIII E	3rd Position.

SLOGAN WRITING



POSTER MAKING



PLEDGE TAKING



STARS OF THE MONTH



NATIONAL INSURANCE CORPORATION OF INDIA organized a declamation. Students from classes IX and X participated. The winners are as follows:-



Ishita Pradhan
X-A 1st Position
(ENGLISH)



Nandika
IX-A 2nd Position
(HINDI)



Jasleen
IX-C 3rd Position
(PUNJABI)



HARSIMRAN SINGH VI-C
got 3rd position in 3rd National Gatka
Championship -2018



SANTA'S DECEMBER



*"If you cannot do great things
Do the small things in a great way"*

EDUCATIONAL TRIPS

FOREST HILL RESORT

VIRASAT-E-KHALSA



Excursions are a part of learning and provide the much required break. Classes VII to XII enjoyed the excursions to Chhatbir Zoo, Forest Hill Resort and Virasat-e-Khalsa, Anandpur Sahib.

CHHATBIR ZOO



BHASHA SANGAM

This program has been introduced to promote linguistic diversity in India. Students were taught 22 languages with 5 Questions with their answers in their activity periods. A special display board was prepared and students presented their program about it on sports day.



SPORTS DAY



It was held on 17th Dec, 2018. Races like 100m race, 200m race, relay race, obstacle race, skipping race, lemon and spoon race and throw ball were the attraction of the day. All children were very jubilant to watch these events. Our worthy Director Mr. D.S. Bedi appreciated the efforts taken by the teachers as well as the students.



STARS OF THE MONTH



Armandeep Singh of Class VIII D was awarded for the outstanding performance in **ASSET Talent search Test 2018**. He scored 93 percentile in Science. He received Silver Scholar certificate, Medal and scholarship for the gifted programmes offered by ASSET.



Byju's Aptitude Test in collaboration with Times of India under School Super League **Pramit Dubb** VI-B, **Tanu Chandan** and **Unnati Negi** VIII-D were the school toppers and got tablet and bag as an award. **Jasdev Singh** (VII – C) was the class topper and got a bag in award.

SILVER ZONE OLYMPIAD (GOLD MEDAL WINNERS)

School students from classes II to XII participated in Silver Zone Olympiad in various subjects. It aims in promoting competitive awareness of academics among children. The results are as under:

INTERNATIONAL OLYMPIAD OF SCIENCE

Bhavik - IIIrd, Tarun Moond - IVth, Avam Gupta-Vth, Divyanshi Sharma -VIth, Jasdev Singh -VIIth, Armandeep Singh -VIIIth, Gurnoor Singh Dhaliwal- IXth, Eshqpreet Singh- Xth.

INTERNATIONAL OLYMPIAD OF ENGLISH LANGUAGE

Amaan Alam Ansari -IInd, Krishna Rawat-IIIrd, Priyanshu-IVth, Miyaanshi Solanki-Vth, Tavisha-VIth, Roumir Verma-VIIth, Gurnoor Kaur-VIIIth, Anurag Kumar Vig-IXth, Nitesh Negi-Xth.

AKHIL BHARTIYA HINDI OLYMPIAD

Anisha Rao-Vth won gold medal.

INTERNATIONAL OLYMPIAD OF MATHEMATICS

Raghav Bhatt-IInd, Akshaj Raj Purohit-IIIrd, Tarun Moond IVth, Lakshya Verma-Vth, Ravi-VIIth, Gurnoor Singh Dhaliwal-IXth.



Hindustan Times organized a competition of article writing. Following were the winners
Mehak Dhiman (VII-C) Gur Rabab (VI-D)

TRI-COLORED JANUARY

“Success is not accidental”

KARATE ACTIVITY

SELF DEFENCE

GIRL CHILD DAY

READY TO DEFEND

“National Girl Child Day” was celebrated in our school. Other participating schools were **Ryan International School Sector 49, Shishu Niketan School, Sector 43, Ajit Karam Singh School, Sector 41 and Bhavan Vidyalaya School, Sector 27**. Girls of **Bhavan Vidyalaya** demonstrated various self defence techniques, who were trained by trainers from Police department **Sh. Sanjay** head Constable and **Ms. Ranjana Devi**, Lady constable. The Chief guest **Ms. Harjinder Kaur, Chairperson CCPCR**, encouraged the girls to excel in each and every field. Among other distinguished were **Prof. Pam Rajput, Dy. Director Education Dept. Ms. Suman Sharma, Member Secretary State legal Services authority** and Principals of Participating Schools. **Mr. D. S. Bedi Director** and Principal **Ms. Gurkiranjeet Nalwa** appreciated their efforts.

SLOGAN WRITING COMPETITION

Slogan writing competition was held on the Topic
“**Surakshit Beti, Surakshit Bachpan**”. Results as follows:-

JHANVI - VIII C - 1ST POSITION

SALONI RANA - VIII E - 3RD POSITION

KHUSHI VERMA - VIII B - 2ND POSITION

VIBHA - VIII B - CONSOLATION PRIZE

“Learning starts with failure; the first failure is the beginning of education.”



REPUBLIC DAY CELEBRATIONS

Celebrations for Republic day were carried out with great enthusiasm by the students of Classes III to VIII . It was inaugurated with Flag hoisting by the Principal Ms. Gurkiranjeet Kaur Nalwa. They sang group songs revealing their patriotism towards their country and presented poems and skits. Following competitions were held



COMPETITIONS RESULTS

CLASS VI

(Poem Recitation Competition)

ENGLISH

Nehal Bisht	VI D	1st Position
Nishita	VI D	2nd Position
Akansh Negi	VI B	3rd Position

HINDI

Shaurya	VI A	1st Position
Mukul	VI D	2nd Position
Aksheeka	VI C	3rd Position

PUNJABI

Harsimran Singh	VI C	1st Position
Shubhkirat	VI D	2nd Position
Sanal and Ranvir	VI B	3rd Position

Class VII

(Group Songs)

VII C	1st Position
VII D	2nd Position
VII A	3rd Position

Class VIII

(Street Plays)

VIII D	1st Position
VIII C	2nd Position
VIII B	3rd Position

SPELL BEE QUIZ

Spell Bee Quiz was organized in the month of January, 2019 for the students of Class III to V. Students were selected after they competed each other in quarter and semi finals. There were 10 rounds in total. i.e. Speller, Quicker, Phonics, brain booster, search engine, rapid fire and so on. It was a thrilling experience to see the finalists chasing for the spell bee crown. The Principal and the Co-ordinator crowned the winners and congratulated all participants for being selected in the Quiz. Such an activity is organized to enrich the vocabulary of the students.

RESULTS

S.NO	NAME	CLASS/SEC	POSITION
1	Vaibhav	III-A	1st
2	Vedanga	III-R	2nd
3	Saksham	III-A	3rd
4	Amanjot Singh	IV-A	1st
5	Ridhima Jain	IV-P	2nd
6	Ananya Angra	IV-P	3rd
7	Vardaan Kaundal	V-P	1st
8	Ridhima Sharma	V-R	2nd
9	Sameer	V-S	3rd
10	Koelpreet Kaur	V-A	3rd



PARIKSHA PAR CHARCHA

29th Jan, 2018

The interactive session with the Prime Minister was held at the Talkatora Stadium in Delhi on 29th Jan, 2019. Prime Minister Narendra Modi interacted with 2,000 students, parents and teachers. (PM Modi) discussed different ways to handle the exam stress. In our school classes VI-XII were shown live programme of it. Students were benefitted a lot from this program.





STARS OF THE MONTH



- 1) In **YUVSATTA PEACE FEST** on 30th January 2019 various competitions held for the students. **Piyush Behal** of X-B brought laurels to the school by winning the first prize at the National level inter school Short Mobile Video Contest held at the Art and Museum Gallery Sector-10 Chandigarh.



Nandika



Jasleen

- 2) In an inter school competition organized by The **Central State Library Sector-17**, Chandigarh. **Jasleen Kaur** of IX-C stood 3rd in Hindi poetry recitation and **Nandika Gupta** of IX-A won the 3rd prize in Declamation contest on the theme – **Relevance of Mahatma Gandhi's Vision in today's time.**

MORNING ASSEMBLIES



Class assemblies of Block-A, B & C are conducted on the regular basis. The students present Speeches, recitations, skits, PPT's etc. All classes try to recapitulate their curriculum in their assemblies. All assemblies are attended by our revered principal Ms. Gurkiranjeet Kaur Nalwa and students are addressed by her on the various issues.



GOD AT HEART

FABULOUS FEBRUARY

“Mistakes are proof that you are trying”

LEARN TO OPEN YOUR HEART AND MIND TO THE INFINITE WONDER THAT EXISTS FOR YOU IN LIFE

A Seminar on **Heartfulness Meditation** was conducted by **Brig. Narinder Singh, Deputy Commandant at Chandimandir**. Students in age group of 15 to 16 years attended it and learnt number of techniques to follow their heart. He put emphasis on disciplined life. Good thoughts and actions make good habits and lead to good destiny. He also advised the students to have balanced life guided by heart. Question Answer round also gave them clear vision about their goals in life. Seminar ended with meditation. It was very informative and fruitful for them in character building.



DEMONSTRATION & EVALUATION PROGRAMME



Demonstration & Evaluation Programme 2019 of Classes L.K.G to VI was organized in February in the school. It was a Classroom show prepared and conducted by the class and subject teachers. Students exhibited various skills in the form of group and individual activities. Parents were invited to witness the performance of their wards. The function began with the recital of the school Shabad and prayers to the Almighty. The young Shivalikians expressed their energies with the display of PT drills. Thereafter Thought and Word of the day was presented by the students After that the class teacher made the parents abreast with the class achievements . A number of activities were organized on the subjects and languages taught in the classes. There were rhymes poems, role plays, songs, dances, activities on recognition of numbers, shapes, angles, fractions, means of transport, balanced diet, sense organs and experiments from Science. Every child enthusiastically participated in the activities and was evaluated by the Principal, Co-ordinator and parents. There was a slate activity too (in primary classes) wherein students were tested for their vocabulary, use of correct grammar , dictionary usage and other subjects. Everyone was extremely happy to see the students demonstrating the activities so confidently. 100% participation was the key thing of them.





A VISIT BY AN ADOPTED SCHOOL



Class-V students of Government Primary School , Buterla along with two teachers visited our school to watch Demonstration & Evaluation conducted by Class-V students of our school. **Art room's craft work** really fascinated them, followed by races on the playgrounds made of synthetic turf. The **Gymnasium Hall** welcomed their wild spirit of running and freedom. It was followed by a visit to a **herbal garden** – knowing about the benefits of medicinal plants. This visit ended with showing of PPT **“How to keep your body clean”** and live demonstration of Eight steps of **'How to wash hands properly'** under the **Swachh Bharat scheme**. They were also shown the **different bins of waste** under the scheme of **Segregation of waste**.

SAYONARA



Class XI bid adieu to their seniors in a gala event organized on 15th February, 2019. A wonderful cultural programme was put up for the outgoing class by their juniors. Mr. and Miss Shivalik contest was also held and contestants exhibited confidence. They even faced the question round with poise. The title of Miss Shivalik was won by Yashika Verma of XII-A and Harshveer Singh of XII-A bagged the title of Mr. Shivalik. The other titles which were bestowed are as follows:

Deepinder Kaur - XII-A Miss Elegant, Prabhleen Kaur Tuli XII-A Miss Beautiful smile, Gurmehak XII-AC Miss Perfect, Himani XII-AC Miss Punctual, Sirjan XII-BC Miss Charming, Jasleen XII-BC Miss Beautiful Hair

Deepanshu Chaudhary XII-B Mr Perfect, Rahul Verma XII-B Mr Handsome, Harman Singh Sandhu XII-B Mr. Punctual, Vivek XII-BC Mr. Amiable, Damanjot Singh XII-AC Mr. Personality, Bhupinderjit Singh XII-A Best Turban.



PUPPET SHOW

11th Feb, 2019

It was organized for the primary students of our school on 11 feb at 11:00 am by THE TRIBUNE. Students really enjoyed the Puppet show, different sounds and colourful puppets. It was a good source of entertainment for them in the modern era.



HEALTH AWARENESS SESSION

28th Feb, 2019



In the wake of the rising number of Swine Flu cases, **an awareness session on Swine Flu** was held by **Dr. Inderpal Singh and Ms. Vandana**, who took one hour session with school students and staff sensitizing them about DOS AND DON'TS to prevent the **spread of H1N1 influenza, (swine flu) infection** by showing the PPT's and Models. Proper hand washing techniques and sneezing methods were taught during the session. Students were motivated to further convey the message to their family and other community members. Pamphlets on Swine Flu were also distributed. Principal Ms. GurkiranjeetNalwa appreciated the efforts of Dr. Inderpal Singh and Ms. Vandana and also encouraged the students to follow healthy habits.





STARS OF THE MONTH



1) NATIONAL SCIENCE FAIR, NEW DELHI.

Kunal Gupta, student of Class XI-S was a part of the **State Level Science Exhibition** organised by SCERT, Chd. Cleared the first level. At the second level, he was adjudged as 1st and awarded cash prize of Rs. 5000/-. His project was selected for National Level Science Fair held at National Science Centre, New Delhi in month of February.

Furthermore, our school won the Overall Best Trophy for the best innovations.



2) **Department of Posts organized a Philately Quiz and Mrityunjay of IX-C** was shortlisted for the second round in which he made a Philately project on the topic – “The story of Ramayana” and won the first prize. He was awarded a cash prize of Rs. 6000/- and a stamp collection file.



3) Under DeenDayal “**SPARSH**” Yojana Punjab Circle held in Bhakna Bhawan , Sector 29 Chandigarh, our student **Nehal** of Class-VI-D got scholarship award of Rs 6000/-.



NSS AT GLANCE

NSS Camp was organized from 26th September to 2nd October with the Theme “ **SWACHHTA HI SEWA** ”. In this the students visited the **Institute for blind** in Sector 26 in Chandigarh . Various activities were conducted like Poster making on “**Swachh Bharat**” and **Slogan writing on “Traffic Rules”**. **Motivational talk** was given by Brahm Kumari and a lecture on good health was also delivered . NSS Activities held from November to February

1st November

Poster Making and Slogan Writing Competition on Clean and Green Diwali

15th November

Awareness Campaign on Health and Hygiene

21st November

Quomi Ekta Diwas

26th November to

2nd December

Self Defence Workshop

26th January

NSS Contingent participated In Republic Day Parade at the Parade Ground, Sector 17 , Chandigarh.

2nd February

Cleanliness Drive in School



GLIMPSES OF SUPER SONIC PLAYERS

Sports Achievements (w.e.f. 1 October 2018)

64TH NATIONAL SCHOOL GAMES 18-19

TAEKWONDO

SanalSaini VI-B won bronze medal in U-14n category held at Imphal (Manipur from 26-11-18 to 30-11-18).

Vartika VIII-B participated in 5th Stepping Stone's Open inter school Taekwondo Championship and won gold medal.

Yashvi Thakur VI-D won gold medal in district sub junior KYORUGI and State sub-junior KYORUGI Taekwondo Championship. She also won the 5th position in 35th National sub junior KYORUGI Taekwondo Championship.

HANDBALL

(U-14 girls and boys) participated in National held at Hissar, Haryana from 10-1-19 to 14-1-19.

NavneetKaur VII-C, BhawanpreetKaur VIII-E, Aayushi Sharma IX-A, RiyaDhiman IX-C, Mankirat Singh IX-D, Mrityunjay Singh IX-C

U-17 Boys and Girls - Anmol IX-C, MannatKaur IX-A participated in Nationals held at Siddipet, Telangana from 12-1-19 to 16-1-19

GurmehakKaur XII-AC participated in National U-19 held at Shivpuri Madhya Pradesh from 2-1-19 to 6-1-19

Anmol IX-C, MannatKaur IX-A, Aayushi IX-A participated in sub-junior National held at Lucknow

FOOTBALL

U-14 girls – Kuvel VII-A participated in National held at Ranchi Jharkhand from 16-12-18 to 20-12-18

BADMINTON

U-14 boys- VaibhavMehra participated in National held at Aurangabad, Maharashtra from 30-12-18 to 2-1-19

WRESTLING

U-14 boys Gurshan Singh VII-D participated in Nationals held at Delhi from 14-12-18 to 19-12-18. He Won 1st Prize of Cash 1500/- In Rural Wrestling in February.

BOXING

HimanshuYadav XII-BC participated in Nationals held at Bhopal, Madhya Pradesh from 4-1-19 to 9-1-19.

A GOING ON EVENT

Creative Drama Workshop in Economics

It is being held from 18th March, 2019 to 1st April, 2019 by Ms. Rupinder Brar and Mr. Karamjeet Singh (National school of Drama).

Workshop is meant to make learning of Economics more life oriented, connection will be built to boost the self confidence of the students.



"Don't worry that children never listen to you; worry that they are always watching you."

POEM - DAY BY DAY I FLOAT MY PAPER BOATS

Day by day I float my paper boats,
One by one down the running
stream,
In big black letters I write my name
on them,
And the name of the village where I
live.
I hope that someone in some strange land,
will find them and know who I am,
I load my little boats with shiuli flowers from our
garden,
And hope that these blooms of the dawn
will we carried safely to land in the night.

Harshita, (V-R)



TRY YOUR BEST

If you always try your best
Then you'll never have to wonder
About what you could have done
If you'd summoned all your thunder
And if your best
was not as good
as you hoped it would be,
You still could say.
'I gave today All that I had in me'
Your best never rest
Your best never rest

Jaskirat Kaur, (V-R)



A HUNDRED YEARS AGO

Sometimes I sit and wonder
About stuff I don't know
Like what the heck the earth was like
A hundred years ago.

Did cavemen ride on dinosaurs?
Did flower even grow?
Well we could guess but that was back
A hundred years ago
I wish they built a time machine

and they picked me to go
To check out the scene was like
A hundred years ago

Did giant spiders rule the Earth?
Were deserts filled with snow?
I wonder what the story was.
A hundred years ago

Lakshya Verma, (V-R)



I LOVE MY SCHOOL

I Love my School,
It's a big knowledge pool.
I Love my School,
Here I meet my friends so cool,
We play and follow every rule.
I Love my school

Akshima, (III-A)



AMAZING FACTS

1. The cucumber beetle feeds on cucumber and melon vines
2. Bumbler bees are generally black and yellow in colour.
3. At the very young stage, the grasshopper has no wings.
4. Black Mamba is very dangerous. It is called black mamba because its mouth and skin is black in colour.

Swini, (V-R)



JOKES



- 1) Child-1: I made a decision,
I should study more
Child -2: And..... did you study?
Child-1: No, I just made a decision
- 2) Child-1: We should never drink water
while eating fish.
Child -2 : Why?
Child-1: Because it could become alive
again.
- 3) Child-1: I took a blood test and got a
B+ve
Child -2: Study harder next time and you
will get A+ve
- 4) Woman: I forgot my purse at home. Can
you give 1000 rupees
Man: Take this 10 rupees and go home
and bring your purse.

Abhinav Joshi, (IV-A)

POEM :-TRAFFIC LIGHT

Traffic lights, traffic lights,
Red, yellow, green,
Traffic lights, traffic lights,
Protect from accident scene
Traffic lights, traffic lights,
You are small to see
Traffic lights, traffic lights,
Red light says "Stop at me"
Traffic light, traffic lights,
Yellow says "Look, look, look",
Traffic light, traffic light,
Looking green; gear we took.



**Keerti
(6th A)**

I LOVE ANIMALS

I love animal, I want one for a,
pet so wrote a list of what I like,
just so I don't forget
I want a tiger, or a lion
a Gorilla or a Bear,
an Elephant, a shark, or a
Rabbit with long hair
So I have spoteen to my mother
We had a little chat, she helped
me make my mind up,
I've settled for a cat.



Ishita Semwal, (8th E)

INTERESTING FACTS

1. Grey whales are found in
the shallow coastal water of
East Northern Pacific.
2. Bobcat is native to North
America and is named for its
short bobbed tail.
3. Ants have very strong legs that they
use to run very quickly.
4. Moths are positively photoactive that
is, they are attracted towards light.



Vaanika , (V-R)

SNAIL

I have a snail, with a little tail,
He is even slower than a toy rail
He eats green leaves, with uttermost peace,
He likes to hide, when others tease
He goes in his shell,
Which is like a little fell
He eats green grass,
But slowly not so fast
He is little and so slimy,
But he falls, oh blimey!
He loves to dig,
And eats a fig
He cannot fly and cannot run,
But when I see him it's so much fun
He is weird, he is snail,
But is even smaller than a nail



Kunga, (VII D)

POEM- OUR EARTH

We all live on Earth,
Our Earth Our Earth
Earth has air, water and land,
Earth has life, oxygen and sand.
We all make houses, buildings on Earth,
We all grow trees, plants on Earth.
We all live on Earth
Our Earth, Our Earth.



Sonakshi Verma , (III-A)

SWEET RELATIONS

I LOVE YOU MOM

How did you find so much energy, Mom?
To do all the things you did,
To be teacher, nurse and counselor
to me when I was a kid.
How did you do it all, Mom?
Be a friend and mother.
Yet find time to be a playmate,
I just can comprehend.
I see now it was your love Mom,
That made you come whenever I'd call
Your inexhaustible love,
Mom, I thank you for it all.



Apeksha Sachan , (IV-A)

MOTHER

A mother who always cares
A mother who's always there
A mother who always prays
A mother who always stays
When things get rough,
when life gets tough.
When all is just too much to bear,
God's word she shares
God's light she shines
So blessed God made this Mother mine.



Ishita , (V-R)

FRIENDSHIP

Got love from you, as well as teasing.
Got hate from you, but love that feeling.
Got presents from you, as well as surprises.
Got nothing from you, but found some prizes.
Loved you from my heart, had fun as well as fights,
In the end as usual, all of it went right.
You were my medicine when I was in pain,
You were that human who helped me gain.
Helped me when I was sad,
With you, got a little bad.
Shared secrets, kept it the same.
You are that guy who has kept me sane.
You've made yourself my brother,
Who, like a cousin, was born from another mother.

We did pranks, but were never caught
When together, problems were sought.
You gave me confidence, when I needed it.
You gave me time, when nobody bothered it.
I love you dude, more than my family
Got a brother who loves me like gravity.
Actually you know what
You are mine and I am yours,
No one can break us, we're like laws.
Love you Pranjal.....



Aditya Arora, (8th B)

MY BEST FRIEND

I love the color of the breeze
Flying free in the sky
Nothing can hold it back
Until the ice comes
The wind freezes over
The outside is still
The leaves fall out of the trees
Hitting the cold ground
But if you wait
The breeze will come
Blowing cool into spring
Heating slowly into the summer.



Aarav Bhatti (6-D)

POP IS (MY SUPERHERO)

He is my superman
I am his biggest fan
He makes me happy everytime
Whenever he is close, I always smile
He makes me feel so special
He is the best father ever
His smile is so cute
He looks great in a formal suit
May God give him a great life
He also has a great wife
May God bless them both
I always live with this hope.



Gurnoor Kaur, (8 C)

HINDI - OUR NATIONAL LANGUAGE

गुरु का ज्ञान



गुरु बिना न मिले ज्ञान।
ज्ञान मिले बनें सब बुद्धिमान॥
गुरु ज्ञान का सदा सम्मान करो।
जब भी मिले गुरु, उनको तुम प्रणाम करो॥
अगर कभी डाँटे सिर झुकाकर बात सुनो।
उनकी अच्छी बातों से जीवन के अच्छे सपने चुनो॥
गुरु आपके ज्ञान को हम कभी नहीं भुलायेंगे।
एक अच्छे इंसान बनके, आपका कर्ज चुकायेंगे॥
धन्यवाद।

शगुना, पाँचवी पी

रसगुल्ला



ठंडा - ठंडा, मीठा - मीठा
रसगुल्ला है नरम - नरम,
थोड़ा - थोड़ा तोड़ - तोड़ कर
बड़े प्यार से खाते हम।
गोल - गोल और गोरा - गोरा
कहते इसको रस का गोला,
मम्मी मुझको और चाहिए
खाकर छोटा बच्चा बोला।
अगर दबा दा ज़रा जोर से
टप - टप - टप रस गिरता जाता,
एक बार जो इसे देख ले
झट - पट से वो चट कर जाता।

रवनीत कौर, तीसरी पी

माँ

माँ और माँ का प्यार निराला
उसने ही है मुझे संभाला
मेरी मम्मी बड़ी प्यारी
मेरी मम्मी बड़ी निराली
क्या मैं उनकी बात बताऊँ
सोंचू! उन्हें कैसे मैं जान पाऊँ
सुबह सवेरे मुझे उठाते
'कृष्णा' कह कर मुझे जगाती
जल्दी से तैयार मैं होता
उसके कारण स्कूल जा पाता
जब मम्मी का चेहरा दिखता
पौष्टिक भोजन मुझे खिलती
गृह कार्य भी पूरा करवाती

माँ और माँ का प्यार निराला
पर मैं करता गड़बड़ घोटाला
जब मैं करता कोई गलती
समझाने की कोशिश करती
लुटाती मुझ पर अधिक प्यार
करती मुझ से अधिक दुलार
मुझ पर गुस्सा जब है आता
दो मिनट में उड़ भी जाता
मेरी मम्मी मेरी जान
रखती मेरा पूरा ध्यान
माँ और माँ का प्यार निराला
उसने ही है मुझे संभाला

जसप्रीत सिंह, साँतवी ए



पहेली

- 1 खुशबू है पर फूल नहीं जलती है पर ईर्ष्या नहीं बताओ क्या? - अगरबत्ती
- 2 प्यास लगे तो पी लेना, भूख लगे तो खा लेना, ठण्ड लगे तो जला लेना बोलो क्या? - नारियल
- 3 ऐसी कौन सी चीज़ है, जो पढ़ने में और लिखने में भी काम आती है। पर वो पेन या कागज नहीं। - चश्मा
- 4 हाथ में हरा, मुँह में लाल, चीज़ बताओ प्यारे लाल - पान
- 5 एक गुफा के दो रखवाले दोनो लंबे दोनों काले - मूँछे



अक्षिता, पाँचवी पी

ਲਹੂਲੁਹਾਨ



ਜੋ ਲਹੂ ਗਿਰੇਗਾ ਇਸ ਧਰਤੀ ਪਰ
 ਵਹ ਨਾ ਹੀ ਹਿੰਦੁਸਤਾਨ ਨਾ ਹੀ
 ਪਾਕਿਸਤਾਨ ਹੋਗਾ
 ਵਹ ਤੋ ਸਭਸੇ ਪਹਲੇ ਬਸ ਇੰਸਾਨ ਹੋਗਾ
 ਕਿਸੀ ਮਾਂ ਦੀ ਸ਼ਾਨ ਹੋਗਾ
 ਕਬ ਖਤਮ ਯਹ ਕਤਲੇਆਮ ਹੋਗਾ?
 ਵਹ ਫੌਜੀ ਜੋ ਸਰਹਦ ਪਰ ਬਲਿਦਾਨ ਹੋਗਾ
 ਕਿਸੀ ਘਰ ਦੀ ਜਾਨ ਹੋਗਾ
 ਉਨਕੀ ਉਮੀਦਾਂ ਦਾ ਚਿਰਾਗ ਹੋਗਾ
 ਯੁਧ ਤੋ ਬਸ ਦੋ ਤਿੰਨ ਦਿਨ ਦਾ
 ਫਰਮਾਨ ਹੋਗਾ
 ਨਾ ਜਾਨੇ ਕਿਤਨੋ ਦਾ ਘਰ ਏਕ ਸਾਥ
 ਸ਼ਮਸ਼ਾਨ ਹੋਗਾ
 ਜਬ ਯਹ ਬਲਿਦਾਨ ਹੋਗਾ
 ਇੰਸਾਨ ਲਹੂਲੁਹਾਨ ਹੋਗਾ।

ਅੰਸ਼ੁਮਨ, ਪਾੱਚਵੀ

ਮੇਰੀ ਪ੍ਧਾਰੀ ਦਾਦੀ



“ਓ ਮੇਰੀ ਦਾਦੀ ਪ੍ਧਾਰੀ ਦਾਦੀ
 ਸਭਕੇ ਦਿਲੋਂ ਕੋ ਹੈ ਭਾਤੀ
 ਦੂਧ, ਮਲਾਓ, ਮਕਰਨ ਹੈ ਖਿਲਾਤੀ
 ਕਹਾਨੀਯਾਂ ਤੋ ਤੂ ਫੇਰ ਸੁਨਾਤੀ
 ਓ ਮੇਰੀ ਦਾਦੀ ਪ੍ਧਾਰੀ ਦਾਦੀ
 ਸਭਕੇ ਦਿਲੋਂ ਕੋ ਹੈ ਭਾਤੀ
 ਗਲਤੀ ਕਰੇ ਤੋ ਮਾਰ ਲਗਾਤੀ
 ਪਰ ਦਿਲ ਸੇ ਤੂ ਪ੍ਧਾਰ ਦਿਖਾਤੀ
 ਮਾਂ ਨ ਹੋ ਤੋ ਮਾਂ ਬਨ ਜਾਤੀ
 ਸਹੀ ਪਥ ਪਰ ਚਲਨਾ ਸਿਖਾਤੀ
 ਓ ਮੇਰੀ ਦਾਦੀ ਪ੍ਧਾਰੀ ਦਾਦੀ
 ਸਭਕੇ ਦਿਲੋਂ ਕੋ ਹੈ ਭਾਤੀ

ਖੁਸ਼ਬੂ, ਆਠਵੀ ਡੀ

ਵ੍ਰੁੱਖ

ਸਦਾ ਕਰੋਂ ਵ੍ਰੁੱਖੋਂ ਸੇ ਪ੍ਧਾਰ।
 ਸਰਵੋਤਮ ਇਨਕਾ ਵ੍ਧਵਹਾਰ।
 ਬਰਗਦ, ਪੀਪਲ, ਚਿਨਾਰ, ਬਭੂਲ।
 ਅਮਰੂਦ, ਸੇਬ, ਜਾਮੁਨ, ਸ਼ਹਤੂਤ।
 ਇਮਲੀ, ਬੇਰ ਓਰ ਮੀਠੇ ਆਮ।
 ਕਾਜੂ, ਕਿਸਮਿਸ਼ ਓਰ ਬਾਦਾਮ।
 ਪੇਡੋਂ ਕੇ ਲਾਖੋਂ ਪ੍ਰਕਾਰ।

ਸਦਾ ਕਰੋਂ ਵ੍ਰੁੱਖੋਂ ਸੇ ਪ੍ਧਾਰ।
 ਮੀਠੇ ਫਲ ਓਰ ਸੁਨਦਰ ਫੂਲ,
 ਜੜੀ-ਬੂਟਿਯਾਂ, ਕਦ ਓਰ ਮੂਲ।
 ਸਾਫ ਹਵਾ ਦੇ ਠੰਡੀ ਛਾਯਾ।
 ਰੋਮ-ਰੋਮ ਮੇਂ ਉਪਕਾਰ ਸਮਾਯਾ।
 ਸਭਕੇ ਜੀਵਨ ਦਾ ਆਧਾਰ
 ਸਦਾ ਕਰੋਂ ਵ੍ਰੁੱਖੋਂ ਸੇ ਪ੍ਧਾਰ।

ਜਹਾਂ ਵ੍ਰੁੱਖ ਬਰਸਾਤ ਵਹੀਂ।
 ਵ੍ਰੁੱਖ ਨਹੀਂ ਬਰਸਾਤ ਨਹੀਂ।
 ਘਰ ਆਂਗਨ ਮੇਂ ਵ੍ਰੁੱਖ ਲਗਾਯੋਂ।
 ਬੋਯੋਂ, ਸੀਂਚੋ ਓਰ ਬਚਾਯੋਂ।
 ਹਰਾ ਭਰਾ ਹੋ ਸਭ ਸੰਸਾਰ।
 ਸਦਾ ਕਰੋਂ ਵ੍ਰੁੱਖੋਂ ਸੇ ਪ੍ਧਾਰ।

ਚਿਰਾਗ, ਚੌਥੀ



ਮੇਰੀ ਮਾਂ

ਸਭ ਤੋਂ ਪਿਆਰੀ ਮੇਰੀ ਮਾਂ
 ਕਿੰਨੀ ਸੋਹਣੀ ਮੇਰੀ ਮਾਂ
 ਕਿੰਨਾਂ ਮੈਨੂੰ ਲਾਡ ਲੜਾਉਂਦੀ
 ਨਿੱਕੀ- ਨਿੱਕੀ ਗੱਲ ਸਮਝਾਉਂਦੀ
 ਜਦ ਮੈ ਕਰਾ ਸ਼ਰਾਰਤ ਕੋਈ
 ਮਿੱਠੀ ਜਿਹੀ ਉਹ ਘੁਰਕੀ ਦੇਵੇ

ਪਰ ਉਸ ਵਿੱਚ ਵੀ ਉਹ ਲਾਡ ਜਤਾਵੇ
 ਕਿਉਂਕਿ ਜੀਵਨ ਦੀ ਉਹ ਜਾਂਚ ਸਖਾਵੇ
 ਸਭ ਤੋਂ ਪਿਆਰੀ ਮੇਰੀ ਮਾਂ
 ਕਿੰਨੀ ਸੋਹਣੀ ਮੇਰੀ ਮਾਂ

ਅਵਨੂਰ ਸਿੰਘ, ਸੱਤਵੀ 'ਸੀ'



MATHS SET THINKING

MATHMATICS

Marvelous multiplication
Alluring arithmetics
Tantalizing tangrams
Hypnotizing hypotenuses
Enticing equations
Mesmerizing monomials

Amazing angles
Thrilling trigonometry
Inventive inequalities
Creative coordinates
Sassy sums

Taranpreet Kaur, (IV-R)



MATHS ABOUT ME

Number, number all around,
everywhere they can be found.
Number tell how old I am,
and how many people in my farm.
How much weigh and just how tell,
where I live and that is not all.
Number is part of me,

money, time and history.
When to wake up and when to eat,
What size shoes to buy for my feet.
How much money something costs,
A number to call if my dog gets lost.
I don't know where I would be,
if number weren't part of me.

Ayush, (IV-R)



MATHMATICS

Mathematics is full of fun
With so much to learn
Profits are added
While losses are subtracted
Degrees are multiplied
And percentage is divided
Geometry is full of mystery
Algebra has a big history
Integers as different as brothers
Lines are parallel
Angles are similar
Math is necessary in life
Without it, is difficult to survive.

Taranpreet Kaur, (IV-R)



CRAZY MATHS

Mr. zero! O Mr. zero!
O Mr. zero! You are a Hero!
When you are added at the end,
The number becomes greater
with no extent,
But when you are added before
any number,
You make everyone as cool as cucumber.
Many student hate you very much
But I don't understand,
Then why do they get you so frequently in their test.

Abhinav Rana, (8th B)



MATHS A CHALLENGE

Try, try and try, the more i try,
i practices maths with may heart & Soul
yet i am not able to achieve my goal
I really want to improve my maths
because i love this subject.
and for this i am trying my best.

i am a candid so a confers.
in maths examination i always create a miss,
all the answers i guest. and ultimately the
marks i get are quit less.,
I believe that if i do ample practice,
I'll one day probably achieve=my goal!!

T. Kartika Shree, (VIII-B)



HOW TO FIGHT WITH POOR ORAL HEALTH AND BAD BREATH

Have you ever been told that you've got bad breath? Let's admit it could be the most embarrassing situation one has to face. So to overcome with regular oral care and these effective treatment plan.

Various reasons of bad breath and poor oral health are:

- Plaque and calculus deposition (gum disease)
- Oral cavities
- Dry mouth etc

Various measures that are used to overcome poor oral health are:

- Brushing and flossing: Do not forget to brush and floss everyday. Try to brush at least twice a day
- Regular oral check up: Visit your dentist regularly. Even if you think that you have maintained oral hygiene, do not skip your visit to your dentist.
- Using a mouth rinse: If recommended by you doctor, you can also use mouth rinse to clean your mouth. Rinse alone may not be completely effective. Besides using mouth rinse, remember to brush and floss your teeth as well.



By : Dr. Ashu Sharma

HYGIENE AND ITS SIGNIFICANCE

According to the World Health Organization, health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

The definition of hygiene is healthy habits that include bathing, keeping the mouth clean, keeping the skin protected from the sun and washing hands frequently before handling edibles to insure the safe delivery of food.

The difference between good and bad hygiene is:

- Good hygiene keep you protected from things, like germs and dangerous UV rays from the sun, in the environment that can hurt you
- Bad hygiene allows these things to affect your body and probably make you sick

The benefits of good hygiene:

- Good hygiene prevents the spread of germs
- It also helps to give a good first impression to others

HEALTHY SKIN- HAND WASHING

Some viruses and bacteria can live from 20 minutes up to 2 hours or more on surfaces like cafeteria tables, doorknobs, and desks

How to wash your hands

- Use warm running water
- Use soap
- Scrub hands together and under nails for at least 15-20 seconds
- Dry hands on a clean cloth or paper towel or use an automatic hand dryer if possible



Foods to Avoid

- Bacteria in your mouth grow on sugar
- Try to eat as little "junk food" as possible
- Avoid candy, chocolate, and other sweets
- Avoid drinking soda and sweet tea
- If you do eat these things, you may want to brush immediately afterwards.

Building good personal hygiene habits takes a lifetime of learning and honing. Caring for yourself in these manners is good for your physical health as well as your mental health.

By : Dr. D P Sood

COUNSELLOR'S VIEWS

WALK THE PARENT WALK

Raising a child is full of surprises. No matter how many books you read, parenting forums you attend, nothing can completely tell you what a perfect parent is. Gone are the days where parents were merely described as 'strict' or 'lenient'. Today parenting has great variations. One's parenting style can affect everything from how much the child weighs to how he/she feels about himself/herself. It is important to ensure that one's parenting style supports healthy growth and development because the way you interact with your child will influence him for the rest of his life.



Although, every parent is different yet there are many commonalities within the up-bringing of their children. Research shows that there are four distinctive parenting styles namely:

- **Authoritarian:** These parents use a strict disciplinary code of conduct with high expectation and little flexibility. Here communication is mostly one way (parent to child). Children raised under this style develop self-esteem issues, increased aggressive behaviour and low social competence.
- **Permissive:** A parent adopting an attitude of "Kids will be kids" is the best way to describe a permissive parent. They are often lenient and acquire a friendlier role than a parental role. Kids growing up in this parenting style are more likely to struggle academically. They exhibit self-disciplinary issues and do not appreciate authority.
- **Authoritative:** These parents enforce rules and give consequences, but take their child's feeling into consideration. They put in a lot of effort to create and maintain a positive relationship with the child. Children raised with authoritative discipline tend to be more self-reliant, successful and responsible adults. They become good decision makers as well.
- **Uninvolved:** The child does not receive much guidance, nurturance and parental attention. These children often struggle from self-esteem issues, perform poorly in school and have multiple behavioural problems.

Researches have constantly shown that children raised through Authoritative Parenting Style tend to be more capable, happy and independent. It is important to remember that there is no such thing as a perfect parent but on the other hand it is vital to understand that dealing with children requires the parent to be calm and patient. As Josiah Gilbert Holland has rightly said "Calmness is the cradle of power".

By : Akshita (School Counsellor)

A TRIBUTE TO OUR SOLDIERS

It was the day of love,
Which became a black day for us.
Numerous dead,
Numerous hurt.
Not only the families who lost their ones cried,
But also people, for whose protection this happened
Also express their anger and grief.
Anger boiling in blood of all ;
Against the ones who did it all
One could not even meet his new born child
And one could not celebrate the special day with his
dear ones
Not everyone is angry or sad,
There are some showing bravery in this act.
Proud of those who died
Proud of those who won't hesitate to serve their
country,
Even if the consequences may be bad.
Indeed it takes a lot of courage from a mother, a
father, a brother, a sister, a wife, a child, a friend

To see them set off their loved ones to
the grave of survival
I wish people would understand;
Understand that the sacrifices
made day by day
Shouldn't be left in vain.
We can't do much
But we should become the people worth fighting for.
Now, people are being fed with the thoughts of
differences
Killing, revenge, avenge
I see innocent kids blood boiling with hatred against
the accused.
The day when differences will be put aside
And humanity will be our utmost priority,
Are far, far away from today
It all becomes a controversy to talk about peace in
such situations.
But it should always be wanted
Over the all hunger of what we call 'revenge'.



By Ramanpreet Kaur, (IX - B)

"The best way to make children good is to make them happy."

HOMAGE



**SQUADRON LEADER
SIDDHARTH VASHISHT
INDIAN AIR FORCE
(6th Dec. 1987 to 27th Feb. 2019)**

**OUR EX SHIVALIKIAN WHO DEPARTED FOR HEAVENLY ABODE
WITH GREAT VALOUR IN THE SERVICE OF THE NATION**

MEMORY LANE



Squadron Leader “ Siddhart Vashist” with his class fellows (Session 2003-04)

FRIENDS SPEAK

Only Soldiers are the one who serve their country with determination and bravery without any expectations. It's the responsibility and duty of the civilians to recognize their patriotism and their sacrifices for our safety and well-being.

I am proud of my childhood school friend SQUADRON LEADER 'SIDDHARTH VASHISHT' INDIAN AIR FORCE who sacrificed his life for INDIA on 27th FEB 2019

When we were in school, he was the most active student . He had participated in lots for singing competitions and done comparing in few school functions . He was full of energy and positivity. I still remember those days when we used to sit together and had a chat about our future goals, he always used to say that “I want to be an INDIAN AIR FORCE Pilot”. With his determination and hard work, he had fulfilled his dream and made his family and friends proud .

RIP

SQUADRON LEADER 'SIDHARTH VASHISHT' INDIAN AIR
VANDE MATRAM

Regards,
Nishant Goel

JAI HIND

Students of Shivalik learn to make healthy burgers

A burger making activity was conducted in Shivalik Public School, Sector 41, Chandigarh. Students of class VI-A brought the required ingredients and made burgers. It's a mouthwatering dish liked by all ages. Principal Gurkiranjeeet Nalwa appreciated the efforts done by the activity in charge and students. Such activities inculcate the habit of independence in making the favourite dishes.



ACE SHUTTLERS OF SHIVALIK

Badminton team of Shivalik Public School, Chandigarh won silver medal in the Under-14 Inter-school Badminton Tournament held in Sector-42, Sports Complex.

National Girl Child Day

CHANDIGARH: Shivalik Public School, Sector 41-B, celebrated National Girl Child Day on Thursday. Ryan International School, Sector 49, Shishu Niketan School, Sector 43, Ajit Karam Singh School, Sector 41, and Bhavan Vidyalaya School, Sector 27, also participated in the event. Girls of Bhavan Vidyalaya demonstrated various self-defence techniques. Chief guest Harjinder Kaur, chairperson Chandigarh Commission for Protection of Child Rights, encouraged the girls to excel in each and every field. Director DS Bedi and principal Gurkiranjeeet Nalwa appreciated the efforts of the students and teachers.

शिवालिक पब्लिक स्कूल-41



चंडीगढ़। शिवालिक पब्लिक स्कूल-41 में एनएनएस के तहत विभिन्न नारी के प्रति अवचेतन शिक्षा गयी। कैप में हिस्सा लेने वाले हर बच्चे का के को स्टूडेंट्स बॉक्स में स्टूडेंट्स को नारी के प्रति अवचेतन करेगा।

Shivalik Public School, Sec 41, Chandigarh

A special assembly was conducted by the students of class VIII-D on the topic of Guru Teg Bahadur. The students showcased the life history, teaching, and his sacrifice through PPTs. Principal Gurkiranjeeet Nalwa appreciated the efforts of students.



Kids present spectrum of colours on stage

Shivalik Public School, Sector 41, Chandigarh, celebrated its annual function 'Spectrum 2018' with gusto and fervour. The programme commenced with Ganesh Vandana. Principal Gurkiranjeeet Nalwa read the school annual report.



Students highlighted the spirit of cleanliness through their dance performance based on the theme of 'Swachh Bharat Abhiyan'. They also highlighted the need to ban plastic through a skit and dance performance. Hindi and English songs.

SHIVALIK PUBLIC SCHOOL NSS CAMP ORGANISED

CHANDIGARH: Shivalik Public School Chandigarh is hosting the NSS camp on the premises. Volunteers gathered for PT exercises followed by a lecture by BK Suman on the topic- Drug Deaddiction. They visited Institute for the Blind in Sector 26.



Shivalik Public School, Sec 41, Chandigarh

The students of class VII-D conducted morning assembly on the theme "Save environment, save future". Students recited poems and delivered speeches to make all the students aware about the cleanliness of environment. Beautiful posters were also made by the students and they also gave tips on environment conservation through a PPT.

Shivalik Public School, Chd

Students showcased various plays and recited patriotic poems and songs on the occasion of the Republic Day which was celebrated with great zeal and fervour at the school. Students also enacted the scenes depicting the Fundamental Rights, history of the National Flag and mock Parliament. Principal Gurkiranjeeet Nalwa appreciated the efforts of the students and teachers and congratulated them on

GK quiz to enhance awareness

A GK quiz was held in Shivalik Public School, Sector 41, Chandigarh. Students of classes VI, VII and VIII participated with enthusiasm. It inculcated self-confidence in kids and enhanced their general knowledge.

SHIVALIK PUBLIC, CHANDIGARH

The school celebrated Lohri with enthusiasm. Students presented speeches and songs. The principal applauded the students' efforts. The school also celebrated the birth anniversary of Guru Gobind Singh.



Shivalik Public School, Sec 41, Chandigarh

Inter-Shivalik English Declamation Competition was conducted in Shivalik Public School. Students of classes VI, VII & VIII expressed their views on topics like 'junk food- a big no', 'Whats app- lifeline or life cut', 'competitions keep us in stress'. Students delivered speeches with confidence. Winners were awarded with certificates.

Shivalik Public School, Sec 41, Chd



To mark the harvest festival, Lohri was celebrated in the school's campus with a lot of exuberance and fanfare. Students also celebrated Guru Gobind Singh Jayanti. They presented speeches and songs and filled the atmosphere with the spirit of excitement. The principal praised the efforts of the students.

NSS volunteers spread message of hygiene



The NSS volunteers of Shivalik Public School, Sector 41, Chandigarh, conducted an awareness campaign on health and hygiene at Government Senior Secondary School, Khuda Ali Sher, Chandigarh. Twenty volunteers went to the school and talked about cleanliness, its importance, segregation of waste material etc. Mohinder Kaur, motivational speaker and paralegal volunteer with State Legal Service Authority, Chandigarh, played a key role in making the campaign a success.

SHIVALIK PUBLIC SCHOOL

Chandigarh: A TA seminar on heartfulness meditation was conducted by Deputy Commandant, Chandimandir, Brig Narinder Singh, at Shivalik public School, Sector 41-B. Students in age group of 15 to 16 years attended the seminar and learnt techniques to follow their heart. The seminar ended with meditation, TNS

SHIVALIK PUBLIC, SEC 41-B

Class V students of Government Primary School, Butnla, visited Shivalik Public School, Sector 41-B, Chandigarh. They enjoyed the demonstration and evaluation function of Class V. They visited the gymnasium hall followed by a visit to the school herbal garden. They came to know about benefits of medicinal plants. This visit ended with a presentation on how to keep the body clean and a live demonstration on how to wash hands properly.

The school celebrated Lohri with enthusiasm. Students presented speeches and songs. The principal applauded the students' efforts.

Class V students of Government Primary School, Butnla, visited Shivalik Public School, Sector 41-B, Chandigarh. They enjoyed the demonstration and evaluation function of Class V. They visited the gymnasium hall followed by a visit to the school herbal garden.

Art At Young Hands



ARSHPREET
IV R



KANWERPREET
III-A



MOHAMMAD
ABUZAR III-A



ANKUSH
VIII-E



ARYAN SHARMA
IV A



CHITRA IV-R



CHITRA IV-R



ANANYA
IV-P



OM LATAWA
III-P



SONAKSHI
III A



ANKUSH, VIII-E



SHREYA VARUN
VII-A



ANANYA
IV-P



AMITHI RANA
VIII-D



AMITHI RANA
VIII-D



KHUSHI VERMA
VIII-B



GAGANPREET KAUR KALSI
XII-A



ARYAN SHARMA
IV-A



RIYA
VII-A



EKNOOR



ADITI GUPTA
III-A