



Dear Parents

The frequency of viral infections and illnesses has consistently increased during the monsoon season. This year the hand, foot, and mouth disease (HFMD) has recently spread to numerous schools in Mohali.

As a result, the Health Department has issued an advisory to the schools of the district to watch out for cases of blisters, rashes, peeling on palms, soles on feet, fingers and toes among kids and send them home. The department has also asked the school authorities to post social media messages in the parents' group asking them not to send their wards to the school if they found any such symptoms in their child.

The contagious disease is common among children and causes sores in the mouth and a rash on the hands and feet. It can spread by direct contact with saliva or mucus (fluid from blisters), and spreads easily.

Symptoms

Blisters, rashes, peeling on palms, soles on feet, fingers and toes

Parents need not panic: Doctors

Doctors said it was a self-limiting virus and the disease was treated in a week or 10 days. Parents need not panic and should consult a doctor.

Let him/her take a rest and recover completely. The wellbeing of your ward and of other students is of utmost priority.

We seek your cooperation to keep the school safe and healthy for all.

Note: Please find attached below the informative brochure regarding HFMD {Hand Foot and Mouth disease} and Monkey Pox for your reference.

Thanks & Regards

Team Shivalik