

The NSS unit of Shivalik Public School, Mohali, inaugurated a week-long NSS Camp on its campus with great enthusiasm and active participation.

The inaugural ceremony, was graced by Guests of Honour, Brahamkumari Suman Behen and Brahamkumari Harveen, Dr. Jyoti Soni, Principal of Shivalik Institute of



Education and Research, warmly welcomed by the School Principal, Dr. Anupkiran Kaur, Vice Principal, Dr. Teena Chopra with the presentation of saplings, promoting the message of a Clean and Green City. The ceremony commenced with lamp lighting followed by a soulful School Shabad.

In her inspirational address, Brahamkumari Suman Behen encouraged students to pursue self-growth and think beyond conventional boundaries. Student-led presentations added depth to the ceremony, including a PPT on NSS Objectives, speeches on NSS and its values, and a detailed presentation on the NSS Emblem. Poems in Hindi, Punjabi, and English were recited, followed by a brief talk on the seven-day schedule of the camp by Programme Officer, Mrs. Aanchal Bhalla. The ceremony concluded with the NSS Song and a motivating Vote of Thanks by the Principal, ending respectfully with the National Anthem.

Volunteers later visited the school's herbal garden for an awareness session on the uses and benefits of various plants.

The day ended with a creative Poster Making Competition on the theme, 'Swachh Bharat'.

Day 2 of NSS Camp

Day 2 of NSS Camp at Shivalik Public School, Phase 6, Mohali provided students with hands-on learning through two educational visits. Volunteers first visited the Paraplegic Rehabilitation Centre (PRC), Mohali, where they interacted with soldiers injured during war, learning about their treatment, courage, and resilience.



The second visit was to the Verka Milk Plant, Mohali, where the volunteers explored the packaging departments of milk, curd, and lassi, gaining practical knowledge of dairy processing in the plant.

After returning to school, the volunteers participated in a cleanliness drive. This was followed by an informative session on the POCSO Act conducted by Ms. Ishita, which helped

students understand child protection laws and safety measures. The day ended with the Nukkad Natak practice for the upcoming awareness rally.

The days truly reflected the spirit of discipline, community service and experiential learning—core values that define the National Service Scheme.

‘Service to Society is the truest form of learning’.

On Day 3 of the NSS Camp being organised at Shivalik Public School, Phase 6, Mohali, the volunteers visited Village Daon, continuing their commitment to community welfare and environmental responsibility.

The day began with the volunteers presenting a street-corner socio-dramatic performance, uniquely crafted to highlight the message of Swachh Bharat Abhiyaan. Through expressive portrayals and thought-provoking scenes, they encouraged villagers to adopt consistent cleanliness practices and mindful waste disposal. This was followed by a Rally on ‘Swachh Bharat’, where the volunteers walked through the lanes of the village, raising purposeful slogans and interacting with residents to inspire active participation in maintaining a cleaner community.

In keeping with the spirit of service, the volunteers then visited the village Gurudwara, where they humbly engaged in Sewa, contributing to cleaning efforts and assisting in maintaining the sanctity of the holy place.



Later, the volunteers proceeded to the School Farm, where they explored hands-on agricultural practices, sustainable methods, and the importance of connecting with nature through real-life learning experiences.

Day 3 concluded with the volunteers gaining a deeper understanding of community life, environmental stewardship, and the true essence of responsible citizenship — aligned with the NSS motto, 'Not Me, But You'.

“Exposure is the bridge between knowledge and awareness.”

On Day 4 of the NSS Special Camp at Shivalik Public School, Phase 6, Mohali , the volunteers began their educational sojourn with a visit to the Air Force Museum, Chandigarh, where they gained insightful knowledge about India’s aviation history and the bravery of the Indian Air Force.



After the visit, the volunteers proceeded to the Children’s Traffic Park, Chandigarh, where they attended an engaging awareness session on road safety. Volunteers were also guided on correct traffic etiquette, including why overtaking from the wrong side is dangerous, how juveniles are dealt with under road safety laws, and the proper method of navigating a roundabout.

A short and interactive quiz was conducted at the park, in which students participated enthusiastically.

The day concluded with a motivational lecture by Ms. Preeti Swami, a noted speaker. With her extensive experience in youth development and her contributions to the National Service Scheme, she encouraged the volunteers to embrace discipline, responsibility, and service as lifelong values.

‘True service begins when we understand the world beyond ourselves’

On the fifth day of the NSS Special Camp at Shivalik Public School, Phase 6, Mohali, the volunteers visited the Institute for the Visually Impaired, Chandigarh.

The volunteers observed the classroom environment and learned how blind students pursue learning methods.



their studies through audio-based

Volunteers also explored a rich collection of Braille books and learned about the Braille reading and writing system based on raised dots.

Following the educational tour, the volunteers attended an insightful motivational session at the School premises by Dr. Goggi Gupta, who spoke on the theme, ‘Health and Well-being’. She highlighted the importance of maintaining emotional balance, practising self-care, and prioritising both mental and physical fitness in daily life.

Overall, Day 5 of the NSS Camp was a deeply meaningful experience that strengthened the volunteers’ spirit of service, compassion, and social responsibility.

Humanity grows when we choose to serve.'

On the sixth day of the NSS Special Camp, the volunteers of Shivalik Public School, Phase 6, Mohali visited Pingalwara, Palsora where they interacted with differently-abled residents and observed their daily routines. The visit was emotional, meaningful, and deeply inspiring, as it allowed the volunteers to witness the resilience, warmth, and positivity with which the residents navigate life.



As part of their seva, the volunteers assisted in serving lunch to the residents, followed by an interactive and joyful session of singing and dancing. These moments of togetherness not only brought smiles to the residents but also created heartfelt memories for the volunteers, reminding them of the joy that comes from giving and sharing.

Upon returning to the school, an informative session on Cyber Security was conducted by Ms. Chandan Preet Kaur. The session covered essential topics such as cyber threats, spamming, phishing, online fraud, secure password practices, identifying

suspicious links, and preventive measures to stay safe in the digital world. The volunteers gained practical knowledge about responsible online behaviour and the importance of cybersecurity in today's digital era.

Celebrating Service, Learning & Leadership'

The seventh and final day of the NSS Special Camp at Shivalik Public School, Phase 6, Mohali culminated in a memorable Valedictory Ceremony, marking the conclusion of a week, dedicated to discipline, service, and community engagement.



The event was graced by the esteemed presence of Principal Dr. Anup Kiran Kaur, Chief Guest Dr. Jyoti Soni, and the Guests of Honour, Brahma Kumari Suman Behan and Brahma Kumari Harveen Behan.

The programme commenced with the soulful School Shabad, followed by a warm welcome speech that set a positive tone for the event. The Thought of the Day reflected the NSS values of compassion, responsibility, and teamwork.

The ceremony unfolded with a rich sequence of performances and presentations by the NSS volunteers. These included multilingual poems, speeches on NSS values, a meaningful Nukkad Natak, a devotional Shabad, a PPT presentation on Chaar Sahibzaade, and vibrant cultural items like classical dance and Gidha. Each item showcased the dedication, confidence, and creativity of the volunteers.

A special documentary on NSS, prepared by the volunteers, highlighted the journey, activities, and learning experiences of the entire seven-day camp. This was followed by an insightful NSS Speech, and an engaging Quiz Round, conducted by the volunteers themselves, reflecting both knowledge and teamwork.

The ceremony also featured the NSS Prize Distribution, where deserving volunteers were honoured for their contribution, sincerity, and excellent participation throughout the camp.

The event concluded with the NSS Song, followed by Vote of Thanks by the Principal Dr. AnupKiran Kaur, expressing gratitude to the dignitaries and teachers for their contribution in making the camp a success. The ceremony ended with the National Anthem, instilling pride and unity among all present.